

## Suicide Prevention

**Community-Based Suicide Prevention Programs provides community-based activities and training to encourage and promote a system based regional approach to suicide prevention. These services are evidence-based and support the general population, as well as LGBTI, Aboriginal and Torres Strait Islander and youth target groups.**

### → WHO CAN REFER?

Anyone can refer into these programs.

### → REFERRAL PATHWAY

Contact the providers directly at the details below.

| PROVIDER                         | PROGRAM   | SERVICE REGION/AREA  | CONTACT PERSON    | CONTACT DETAILS  |
|----------------------------------|---|--|-------------------|--|
| Lifeline Darling Downs           | Mental Health First Aid Courses   | Western Downs (Dalby), South Burnett (Kingaroy), Toowoomba | Rob Neilsen       | <b>P</b> 1300 991 443<br><b>E</b> robgnielsen@gmail.com          |
| Sallyanne Keevers                | Mental Health First Aid Courses   | Goondiwindi and Southern Downs (Stanthorpe)                | Sallyanne Keevers | <b>P</b> 0401 045 995<br><b>E</b> sal@talkwise.com.au            |
| Ipswich Hospital Foundation      | Mental Health First Aid Courses   | Ipswich, Somerset, Scenic Rim and Lockyer Valley regions   | Caron Cahill      | <b>P</b> 0414 302 598<br><b>E</b> Caron.Cahill@health.qld.gov.au |
| Living Works Education Australia | INSIST Community Based Workshops and INSIST Train the Trainer Workshops | Whole of region  | Dr Maree Toombs   | <b>P</b> 0417 454 065<br><b>E</b> m.toombs@uq.edu.au             |
| Rural and Remote Mental Health   | Deadly Thinking Workshops   | Whole of region  | Peta Boorman      | <b>P</b> 0428 449 492<br><b>E</b> PetaBoorman@rrmh.com.au        |
| headspace Warwick (RHealth)      | Southern Downs Suicide Prevention Program                               | Southern Downs (Warwick and Stanthorpe)                    | Travis McGuire    | <b>P</b> 07 4661 1999<br><b>E</b> travis.maguire@rhealth.com.au  |
| headspace Ipswich (Aftercare)    | Mixed Social Inclusion and Group Program                                | Ipswich  | Ash Simpson       | <b>P</b> 07 3280 7900<br><b>E</b> Johanna.Dore@aftercare.com.au  |