



Australian Government

phn
DARLING DOWNS
AND WEST MORETON
An Australian Government Initiative

Drug and Alcohol Treatment Activities Operational and Flexible

**Activity Work Plan
2018-19**



**Local Integrated
Primary Health Care**

Contents

1. Strategic Vision for Drug and Alcohol Treatment Funding	3
2. Planned Activities: Drug and Alcohol Treatment Services – Operational and Flexible	6
DATS_M_1.1_201819 - Residential Drug and Alcohol Rehabilitation Treatment Services..	6
DATS_M_2.1_201819 – Outclient Treatment Services	8
DATS_M_7.0_201819 – System Capability and Integration	10
3. Planned Activities: Drug and Alcohol Treatment Services for Aboriginal and Torres Strait Islander People – Flexible Funding	12
DATS_A_1.1_201819 - Residential Drug and Alcohol Rehabilitation Treatment Services – Aboriginal and Torres Strait Islander People	12
DATS_A_2.1_201819 – Outclient Treatment Services – Aboriginal and Torres Strait Islander People	14
DATS_A_6.0_201819 – System Capability and Integration	16



1. Strategic Vision for Drug and Alcohol Treatment Funding

STRATEGIC VISION

The Darling Downs and West Moreton Primary Health Network's (DDWMPHN) strategic vision for drug and alcohol treatment services funding across our region is for a flexible, responsive, appropriately resourced system, integrated with other health and community services. This will facilitate a system that supports our region's residents to access the right care in the right place at the right time.

We are committed to identifying prevalence and associated impacts resulting from substance use and misuse, and then ensuring those communities with service gaps and individuals with the highest need, receive reasonable access to services in a timely, affordable and responsive manner. This strategic vision will be achieved through engagement, collaboration, investment and commissioning of services.

GOVERNANCE ARRANGEMENTS

DDWMPHN has established a Mental Health Sub-Committee with members from hospital and health services, private practitioners from both psychology and psychiatry, consumer and carer representatives, general practitioners, non-government drug and alcohol treatment organisations, and mental health nurses. The committee provide support, advice and governance to DDWMPHN on service integration and the commissioning of drug and alcohol treatment services. Membership is reviewed regularly and inclusion on the committee is facilitated through an open and transparent expression of interest process.

CONSULTATION AND JOINT PLANNING PROCESSES

In addition to the Mental Health Sub-Committee, in 2017 DDWMPHN established the Darling Downs AOD Reference Group. This group meets regularly, with the support of Queensland Alcohol and Other Drug Agencies (QNADA), to understand community needs, local drug and alcohol trends, and to facilitate linkages between services. Membership is open to all local drug and alcohol treatment service providers and Aboriginal Community Controlled Health Organisations (ACCHO); to date, attendance and outcomes have been exceptional. West Moreton AOD Connect is a similar group to the abovementioned and DDWMPHN will play an active role in this group during 2018/19.

DDWMPHN also partnered with local Members of Parliament, councils and community leaders, to facilitate forums with our community. This provided local perspectives, in particular regarding methamphetamine use and the effect on individuals, families, support systems and communities.

The DDWMPHN's development of the Health Needs Assessment has ensured engagement with stakeholders provided rich qualitative data in addition to quantitative data, providing a comprehensive and evidence-based view of the region's needs in terms of drug and alcohol treatment services.

Community consultation with consumers, healthcare professionals and community leaders including Aboriginal and Torres Strait Islander community groups and Elders, identified the following:

- Better education regarding the availability of Drug and Alcohol Treatment Services will improve service capability
- Strategies are required that improve workforce capability and capacity
- Gaps in available services for addiction need to be addressed
- Community expressed concern with increasing prevalence of drug availability and use
- Health providers communicated concerns that alcohol use/misuse may be higher than depicted by data
- Demand and wellbeing of current service providers in understaffed areas is creating attrition
- Rural areas have few services available for drug and alcohol treatment, necessitating re-locating for treatment in some circumstances
- Impact of analgesic medications, in particular opiates, highlighted by the February 2018 Government initiative for ceasing the over-the-counter availability of codeine.

Specific consultation within Aboriginal and Torres Strait Islander communities and health data analysis has identified the following factors locally and nationally, which requires consideration:

- Use of drugs and alcohol can result in complex needs which may be better served through combining with mental health service delivery
- The prevalence for drug and alcohol addiction in Aboriginal and Torres Strait Islander people is double that of non-indigenous populations, with deaths due to dependence and harmful use of alcohol 8 times higher for men and 19 times higher for women
- After adjusting for differences in age structure, 2012-13 data demonstrated Indigenous Australians were 3.6 times more likely to report a stressor relating to alcohol or drug-related problems than non-Indigenous Australians



- From 2008-12 across Australia, indigenous Australians died from illness related to alcohol use at a rate of 4-6 times that of non-indigenous Australians
- Treatment needs to be person centred, culturally appropriate and safe
- Transportation difficulties impact all areas of service delivery to Aboriginal and Torres Strait Islander people
- Waiting times across health care settings are a significant issue
- There is a need for culturally appropriate and community-led approaches to address nutrition and smoking/ substance use during pregnancy. This could decrease the risk of Foetal Alcohol Spectrum Disorder and the higher rate of Aboriginal and Torres Strait Islander stillbirths, pre-term deliveries and neonatal deaths
- Although figures are likely to be under-estimated, illicit substance use by Indigenous Australians may be as high as twice that of non-Indigenous Australians and accounts for 3.4% of the burden of disease, while mental and behavioural conditions related to the use of volatile substances are more than 39 times that of non-Indigenous Australians.
- Smoking rates are more than twice that of non-Indigenous Australians; and the largest contributing risk factor to deaths among Aboriginal and Torres Strait Islander men, accounting for 12.1% of the total burden of disease and 20% of Aboriginal and Torres Strait Islander deaths.

The DDWMPHN has identified the imperative to further work in partnership and collaboration with Aboriginal and Torres Strait Islander health care providers to further develop service availability and pathways, and increase engagement with Elders and community leaders.

Priorities identified through the Health Needs Assessment which relate to Drugs and Alcohol Treatment Services include:

DA1 – Access to drug and alcohol primary health services in the DDWMPHN region

DA2 – Drug and alcohol use alignment to service availability and gap identification

DA3 – Medication management and safe prescribing

DA4 – Culturally appropriate availability of drug and alcohol services

2. Planned Activities: Drug and Alcohol Treatment Services – Operational and Flexible

DATS_M_1.1_201819 - RESIDENTIAL DRUG AND ALCOHOL REHABILITATION TREATMENT SERVICES

Activity Description

DA1 (HNA, p. 33, Nov 2017) – Access to drug and alcohol primary health services in the DDWMPHN region.

DA4 (HNA, p. 35, Nov 2017) – Culturally appropriate availability of drug and alcohol services

Aim: To increase available access to residential drug and alcohol rehabilitation treatment services for people with identified need.

For 2018/19 this activity has been combined with DATS_M_6.0_201718_Additional Service Provision in Identified Areas.

Activity: Darling Downs and West Moreton PHN (DDWMPHN) will continue to commission local residential drug and alcohol rehabilitation providers increasing the accessibility and capacity of these services.

Queensland Network of Alcohol and other Drug Agencies (QNADA) NGO AOD Services Report for the Darling Downs and West Moreton, and the DDWMPHN Health Needs Assessment (HNA), illustrates that there are limited residential services, non-residential services and other drug and alcohol treatment services such as brief intervention and counselling in the DDWMPHN region.

To address this identified need, DDWMPHN has commissioned local service providers to extend current residential drug and alcohol rehabilitation services through the employment of additional staff and increased resources, effectively doubling the intake capacity within the region. In ensuring ability of service providers to meet identified need, applications were assessed against the priority areas identified in the DDWMPHN HNA, available workforce, external relationships, service planning and outcomes, treatment service to individuals, evidence-based practice, sustainability, avoidance of duplication and value for money.

Referrals are made to these services via local hospital and health services (HHS), general practice, non-government organisations (NGO) and self-



	<p>referral. Patients are transitioned out of these services back to the referring agencies, where appropriate, or other services that form part of relapse prevention community care.</p> <p>Transitional funding will continue to be managed to assist with directed increased funding opportunities.</p>
Target Population Cohort	Men and women over the age of 16
Consultation	<ul style="list-style-type: none"> ▪ Siggins Miller Darling Downs and West Moreton PHN Regional Needs Assessment and Analysis: mental health, suicide prevention and drug and alcohol ▪ Health Workforce QLD Service Mapping for Darling Downs and West Moreton Region ▪ QNADA ▪ Service providers ▪ Darling Downs and West Moreton Mental Health Sub-Committee
Collaboration	Queensland Health
Indigenous Specific	No
Duration	Ongoing to 30 June 2019
Coverage	To service the entire PHN region
Commissioning Method	Open commissioning framework, with a preference on locally based services who are already providing rehabilitation services.
Approach to Market	<p>Open tender</p> <p>Contracted services have a dedicated DDWMPHN contracts officer who works in with services to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data are collected and contracted services are required to collect AODTS-NMDS data.</p>



DATS_M_2.1_201819 – OUTCLIENT TREATMENT SERVICES

Activity Description	<p>DA1 (HNA, p.33, Nov 2017) – Access to drug and alcohol primary health services in the DDWMPHN region</p> <p>DA2 (HNA, p. 34, Nov 2017) – Drug and alcohol use alignment to service availability and gap alignment</p> <p>Aim: To increase capacity of service providers. For 2018/19 this activity has been combined with <i>DATS_M_6.0_201718_Additional Service Provision in Identified Areas</i>.</p> <p>Activity: DDWMPHN will continue to commission local drug and alcohol treatment organisations to provide outclient treatment service types, increasing the accessibility and capacity of these organisations. As identified in the NGO AOD Services report prepared by QNADA, outclient services are required in the Darling Downs and West Moreton region. These include:</p> <ul style="list-style-type: none">▪ non-residential day stay rehabilitation services;▪ relapse prevention – aftercare/follow-up services;▪ case management; and▪ outclient counselling. <p>Funding opportunities were made available to organisations with a proven track record delivering drug and alcohol treatment services (DATS) to provide these services. These opportunities were aimed at increasing capacity to deliver services through an extension of existing services, the establishment of a new service location, or the provision of outreach services.</p> <p>Referrals are made into these services via HHSs, general practice, NGOs and self-referral. Where appropriate, clients are transitioned into residential rehabilitation and withdrawal management services. Likewise, clients may be referred from residential rehabilitation and withdrawal management services into these outclient services as part of relapse prevention community care.</p>
Target Population Cohort	<ul style="list-style-type: none">▪ Aboriginal and Torres Strait Islander people▪ Young people▪ Rural and regional residents of DDWMPHN region



Consultation	<ul style="list-style-type: none">▪ Siggins Miller Darling Downs and West Moreton PHN Regional Needs Assessment and Analysis: mental health, suicide prevention and drug and alcohol.▪ Darling Downs and West Moreton PHN HNA▪ Health Workforce QLD Service Mapping for Darling Downs and West Moreton Region▪ QNADA▪ Service providers▪ Mental Health Sub-Committee
Collaboration	This activity was jointly implemented with key stakeholders in the region including primary health care providers, local hospital and health networks, AOD treatment service providers and other relevant stakeholders.
Indigenous Specific	Indigenous specific services are offered, in addition to mainstream services
Duration	Ongoing to 30 th June 2019
Coverage	To operate across the entire PHN region areas of priority
Commissioning Method	Open commissioning framework, with a preference for locally based services who are already successfully providing drug and alcohol treatment services.
Approach to Market	<p>Open tender</p> <p>Contracted services have a dedicated DDWMPHN contracts officer who works closely with services to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data are collected and contracted services are required to collect AODTS-NMDS data.</p>



DATS_M_7.0_201819 – SYSTEM CAPABILITY AND INTEGRATION

Activity Description

DA1 (HNA, p.33, Nov 2017) – Access to drug and alcohol primary health services in the DDWMPHN region

DA2 (HNA, p. 34, Nov 2017) – Drug and alcohol use alignment to service availability and gap alignment

DA4 (HNA, p. 35, Nov 2017) – Culturally appropriate availability of drug and alcohol services

This activity is a combination of the following activities:

- *DATS_M_3.0_201718_Ongoing Needs Assessment and Consultation*
- *DATS_M_4.0_201718 – Service Coordination, Support and Governance*
- *DATS_M_5.0_Workforce Development*

And is **replicated by DATS_A_6.0_201819 – System Capability and Integration** which combines

- *DATS_A_3.0_201718 – Ongoing Needs Assessment and Consultation – Aboriginal and Torres Strait Islander people*
- *DATS_A_4.0 - Service Coordination, Support and Governance Aboriginal and Torres Strait Islander People*
- *DATS_A_5.0_201718 - Workforce Development Aboriginal and Torres Strait Islander People.*

Aim: To support the drug and alcohol treatment sector in workforce development, quality improvement and service integration, and continue to identify health and service needs across the region.

Activity: This activity will enable alignment of activities with our priorities for increasing service delivery capacity and improving integration of treatment services. The DDWMPHN Mental Health Sub-Committee will continue to provide governance, and advice on system integration and workforce development.

The DDWMPHN will continue to consult with stakeholders in planning and commissioning drug and alcohol treatment services. The DDWMPHN will also work collaboratively with all key stakeholders across the spectrum of drug and alcohol services seeking opportunities to create partnerships and linkages to services for those at risk in the community.



Target Population Cohort	Service providers
Consultation	<ul style="list-style-type: none"> ▪ QNADA ▪ Service providers ▪ Mental Health Sub-Committee ▪ Queensland PHNs ▪ QISMC ▪ HHSs
Collaboration	<p>All relevant stakeholders.</p> <p>Consultations are undertaken with all health and human service providers (including contracted services) and communities in relation to AOD, mental health and suicide prevention and management.</p>
Indigenous Specific	No
Duration	Ongoing until June 2019
Coverage	Across the entire PHN region
Commissioning Method	Direct delivery or, if required, will be contracted
Approach to Market	<p>Workforce development: Limited, preferred suppliers</p> <p>Contracted service providers will have a dedicated DDWMPHN contracts officer to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data will also be collected</p>

3. Planned Activities: Drug and Alcohol Treatment Services for Aboriginal and Torres Strait Islander People – Flexible Funding

DATS_A_1.1_201819 - RESIDENTIAL DRUG AND ALCOHOL REHABILITATION TREATMENT SERVICES – ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE

Activity Description	<p>DA4 (HNA, p. 35, Nov 2017) – Culturally appropriate availability of drug and alcohol services</p> <p>This Activity is undertaken in conjunction with DATS_M_1.0_20718 - Residential Drug and Alcohol Rehabilitation Treatment Services focusing on providing services that are culturally appropriate.</p> <p>Aim: To increase available access to residential drug and alcohol rehabilitation treatment services for Aboriginal and Torres Strait Islander people with identified need though increasing service delivery capacity</p> <p>Activity: Applications were sought for services that are culturally appropriate for the Aboriginal and Torres Strait Islander community, either as an enhancement to other services or a discrete service. Rehabilitation services can be offered in a unique way for Aboriginal and Torres Strait Islander communities with models tailored to be more flexible to meet cultural needs. The approach is holistic, taking into account a spiritual, physical and emotional approach acknowledging the connection with country, community and culture in order to heal in the most culturally appropriate way.</p>
Target Population Cohort	<p>Indigenous men and women over the age of 16</p>
Consultation	<ul style="list-style-type: none"> ▪ Siggins Miller Darling Downs and West Moreton PHN Regional Needs Assessment and Analysis: mental health, suicide prevention and drug and alcohol ▪ Darling Downs and West Moreton PHN HNA



	<ul style="list-style-type: none">▪ Health Workforce QLD Service Mapping for Darling Downs and West Moreton Region▪ QNADA▪ QISMIC▪ ACCHOs
Collaboration	ACCHOs, QNADA, HHS' and other relevant stakeholders
Duration	Ongoing to 30 June 2019
Coverage	To service the entire PHN region
Commissioning Method	Open commissioning method, with a preference for services already successfully active in the Darling Downs and West Moreton region
Approach to Market	<p>Open tender</p> <p>Contracted services have a dedicated DDWMPHN contracts officer who works closely with services to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data are collected and contracted services are required to collect AODTS-NMDS data.</p>



DATS_A_2.1_201819 – OUTCLIENT TREATMENT SERVICES – ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE

Activity Description	<p>DA4 (HNA, p. 35, Nov 2017) – Culturally appropriate availability of drug and alcohol services</p> <p>Aim: To increase capacity of existing service providers or to commission additional services in areas of need.</p> <p>Background: As identified in the NGO AOD Services report prepared by QNADA, out-client services are required in the Darling Downs and West Moreton regions. These include:</p> <ul style="list-style-type: none">▪ non-residential day stay rehabilitation services;▪ relapse prevention – aftercare/follow-up services;▪ case management; and▪ out-client counselling. <p>Activity: Funding opportunities were made available to organisations with a proven track record working in the DATS sector to provide these services. These opportunities were aimed at increasing capacity to deliver services through an extension of existing services, the establishment of a new service location, or outreach services.</p> <p>These funded treatment services form part of the DATS Stepped Care Service Model. Referrals are made into these services via local HHSs, general practice, NGOs and self-referral. Clients are transitioned into residential rehabilitation and withdrawal management services if required. Likewise, patients may be referred from residential rehabilitation and withdrawal management services into these outclient services as part of the aftercare relapse prevention community care.</p>
Target Population Cohort	Aboriginal and Torres Strait Islander people
Consultation	<ul style="list-style-type: none">▪ Siggins Miller Darling Downs and West Moreton PHN Regional Needs Assessment and Analysis: mental health, suicide prevention and drug and alcohol▪ Health Workforce QLD Service Mapping for DD and WM Region▪ Darling Downs and West Moreton PHN HNA▪ QNADA▪ QISMC▪ ACCHOs



Collaboration	This activity will be jointly implemented with key stakeholders in the region including primary health care providers, local hospital and health networks, AOD treatment service providers and other relevant stakeholders.
Indigenous Specific	Yes
Duration	Ongoing to 30 June 2019
Coverage	To operate across the entire PHN region
Commissioning Method	Open commissioning framework, with a preference on locally based services who are already providing rehabilitation services
Approach to Market	<p>Open</p> <p>Contracted services have a dedicated DDWMPHN contracts officer who work closely with services to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data are collected and contracted services are required to collect AODTS-NMDS data.</p>



DATS_A_6.0_201819 – SYSTEM CAPABILITY AND INTEGRATION

Activity Description

DA1 (HNA, p.33, Nov 2017) – Access to drug and alcohol primary health services in the DDWMPHN region

DA2 (HNA, p. 34, Nov 2017) – Drug and alcohol use alignment to service availability and gap alignment

DA4 (HNA, p. 35, Nov 2017) – Culturally appropriate availability of drug and alcohol services

This activity is a combination of the following activities:

- *DATS_A_3.0_201718 – Ongoing Needs Assessment and Consultation – Aboriginal and Torres Strait Islander people*
- *DATS_A_4.0 - Service Coordination, Support and Governance Aboriginal and Torres Strait Islander People*
- *DATS_A_5.0_201718 - Workforce Development Aboriginal and Torres Strait Islander People.*

And is replicated by *DATS_M_7.0_201819 – System Capability and Integration* which combines

- *DATS_M_3.0_201718_ Ongoing Needs Assessment and Consultation*
- *DATS_M_4.0_201718 – Service Coordination, Support and Governance*
- *DATS_M_5.0_ Workforce Development*

Aim: To support the drug and alcohol treatment sector in workforce development, quality improvement and service integration, and continue to identify health and service needs across the region.

Activity: This activity will enable alignment of activities with our priorities for increasing service delivery capacity and improving integration of treatment services. The DDWMPHN Mental Health Sub-Committee will continue to provide governance, and advice on system integration and workforce development.

As part of this activity, there will be a focus on upskilling the Aboriginal and Torres Strait Islander health workforce to increase the level of care and treatment available to reduce the harm associated with drug and alcohol use. In addition, the DDWMPHN will continue to consult with stakeholders in planning and commissioning drug and alcohol treatment services.



	The DDWMPHN will continue to work collaboratively with all key stakeholders across the spectrum of drug and alcohol services seeking opportunities to create partnerships and linkages to services for those at risk in our communities.
Target Population Cohort	Service providers
Consultation	<ul style="list-style-type: none"> ▪ QNADA ▪ Service providers ▪ Mental Health Sub-Committee ▪ Queensland PHNs ▪ ACCHOs ▪ QISMC ▪ HHSs
Collaboration	<p>All relevant stakeholders.</p> <p>Consultations are undertaken with all health and human service providers (including contracted services), ACCHOs and communities in relation to AOD, mental health and suicide prevention and management.</p>
Indigenous Specific	No
Duration	Ongoing until June 2019
Coverage	Across the entire PHN region
Commissioning Method	Direct delivery or, if required, will be contracted
Approach to Market	<p>Workforce development: Limited, preferred suppliers</p> <p>Contracted service providers will have a dedicated DDWMPHN contracts officer to ensure compliance, governance, and quality and assurance are met through regular monitoring and evaluation. Qualitative and quantitative data will also be collected</p>



Australian Government

phn
DARLING DOWNS
AND WEST MORETON

An Australian Government Initiative

Head Office

145 Taylor Street (PO Box 81),
Toowoomba QLD 4350

P (07) 4615 0900 **F** (07) 4615 0999

E Info@ddwmpnh.com.au **www.ddwmpnh.com.au** ABN 51 605 975 602

West Moreton

Ipswich Corporate Centre, 6th Floor,
16 East Street, Ipswich QLD 4305

P (07) 3202 4433 **F** (07) 3202 4411



Local Integrated
Primary Health Care