



## West Moreton - Dementia Australia services for people living with dementia

**Dementia Australia Free National Helpline** (1800 100 500) that can link people living with dementia to specific resources.

[dementia.org.au/helpline](https://dementia.org.au/helpline)



**A Dementia Guide**—for the person with dementia, their family, loved ones and carers.

[dementia.org.au/resources/the-dementia-guide](https://dementia.org.au/resources/the-dementia-guide)



**Free psychological support services and counselling.** Post diagnostic support program, counselling and other services that support people at all stages of the disease process.

[dementia.org.au/support/counselling](https://dementia.org.au/support/counselling)



**Help sheets** –139 different Help sheets on a huge variety of topics. All the help sheets are available to download in other languages.

Additional information on Dementia in other languages is also available at [dementia.org.au/languages](https://dementia.org.au/languages)  
[dementia.org.au/resources/help-sheets](https://dementia.org.au/resources/help-sheets)



**Living with Dementia programs** (free) online and face to face.

[dementia.org.au/education/living-dementia-program](https://dementia.org.au/education/living-dementia-program)



**Request a dementia kit** which includes a tailored resource bundle to the needs the individual.

[dementia.org.au/helpline/free-dementia-kit](https://dementia.org.au/helpline/free-dementia-kit)





### **Elder Abuse Helpline - 1300 651 192**

Source of information, support, and referral about elder abuse, protecting the rights, dignity and independence of older people.

<https://eapu.com.au/elder-abuse-helpline/>



**Alzheimer's Association of Queensland** providing information, support, education, respite and residential care.

[alzheimeronline.org](http://alzheimeronline.org)



### **Childhood Dementia Support**

Receive practical strategies and recommendations around supporting a child living with childhood dementias and their family.

[dementia.com.au/childhood-dementia-support](http://dementia.com.au/childhood-dementia-support)



## **Resources and support for carers, family members, or friends**

**Dementia Australia Free National Helpline**  
(1800 100 500).

[dementia.org.au/helpline](http://dementia.org.au/helpline)



**Dementia Australia website**

[dementia.org.au/information/about-you/i-am-a-carer-family-member-or-friend](http://dementia.org.au/information/about-you/i-am-a-carer-family-member-or-friend)



**Participate in a Carer Wellness program**

[dementia.org.au/events](http://dementia.org.au/events)



**Family Carer information sessions and education**

[dementialearning.org.au](http://dementialearning.org.au)



**Funded counselling services for carers and families**

[dementia.org.au/support/counselling](http://dementia.org.au/support/counselling)



## The Dementia Guide

The Dementia Guide is an important resource for any person impacted by any form of dementia, of any age. The Dementia Guide can help anyone learn about dementia and the treatments, support, and services available.

The Dementia Guide may also be useful to the friends, families and carers of people living with dementia, as it contains information about the impact dementia may have on a person, the treatment, support, and services they may need, as well as for anyone taking on a caring role.

[dementia.org.au/sites/default/files/resources/The-Dementia-Guide-2019-v2.pdf](https://dementia.org.au/sites/default/files/resources/The-Dementia-Guide-2019-v2.pdf)



Scan to download



## Help Sheets

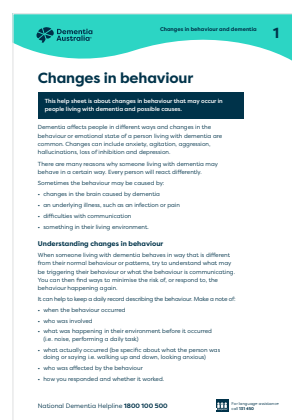
Help Sheets explore a comprehensive variety of commonly sought-after topics.

Help Sheets provide insight on what to expect when living with dementia, the different types of dementia conditions, useful services, and resources available to support sufferers, amongst other key topics. These are explored in easily readable, straightforward, and short documents designed to be easily understandable despite the complexity of the condition.

[dementia.org.au/resources/help-sheets](https://dementia.org.au/resources/help-sheets)



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## Consumer resources

Consumer resources for the Aboriginal and Torres Strait Island community, Cultural and Linguistically Diverse community, LGBTIQ+ community, people experiencing Younger Onset Dementia among many other groups are represented in Dementia Australia's help sheets and resources.

Dementia Australia is committed to meeting the linguistic needs of all members of the community. Find resources translated in 38 languages.

[dementia.org.au/resources/browse-all-resources](https://dementia.org.au/resources/browse-all-resources)



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## My Aged Care

My Aged Care acts as the starting point for government-funded aged care services. My Aged Care seeks to understand one's situation, specific needs or background to help them understand what services are available -from services that help someone live independently at home to short-term care that helps them get back on their feet, to moving into an aged care home when they can no longer live at home.

Services include: help at home, short-term care, aged care homes, assessments, on-going support for in-care individuals.

[myagedcare.gov.au](https://myagedcare.gov.au)



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### **National Continence Helpline**

The National Continence Helpline (1800 33 00 66) is a free telephone service that offers confidential information, advice and support.

[continence.org.au/get-help/national-continence-helpline](http://continence.org.au/get-help/national-continence-helpline)



**CarFreeMe** has been designed to help older adults stop driving without limiting their life and freedom. Our client-centred solution enables people to continue doing what they love 'car free'.

[carfreeme.com.au](http://carfreeme.com.au)



### **Dementia Support Australia**

Navigating changes in behaviour related to dementia can be challenging. That's why we offer free, evidence-based support nationwide, 24 hours a day, 7 days a week.

[dementia.com.au](http://dementia.com.au)



### **Severe Behaviour Response Team**

24/7 mobile service that responds onsite to provide free support and advice where there is a heightened risk to the person living with dementia, or their care network.

[dementia.com.au/who-we-help/health-care-professionals/services/sbrt](http://dementia.com.au/who-we-help/health-care-professionals/services/sbrt)



### **Needs Based Assessment - Specialist Dementia Care Programs**

Find out if someone you know or care for is eligible for more support through our Needs Based Assessment Program.

[dementia.com.au/nba](http://dementia.com.au/nba)



### **Staying at Home**

Free well-being and respite program providing carers with advice and strategies to support a person living with dementia.

[dementia.com.au/dsa-staying-at-home](http://dementia.com.au/dsa-staying-at-home)



# Dementia Australia

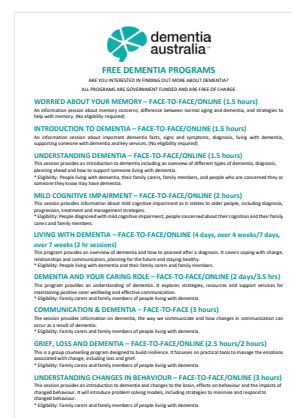
## Free dementia programs

Are you interested in finding out more about dementia? All programs are government funded and are free of charge.

[ddwmpnh.com.au/uploads/attachments/2022-Free-Dementia-Programs-Flyer.pdf](http://ddwmpnh.com.au/uploads/attachments/2022-Free-Dementia-Programs-Flyer.pdf)



Scan to view



## Counselling

Individual and family counselling pre-booked appointments are available for free. Please contact 1800 588 699 to register and make a booking.

## Education Programs

You can visit the Dementia Australia calendar on their website at [dementia.org.au/events](https://dementia.org.au/events) to look at upcoming programs and register. Alternatively, contact 1800 588 699 to register or visit the ticketing system Eventbrite <https://www.eventbrite.com.au/o/dementia-australia-6584917001>

## Post Diagnostic Support Program

Suitable For: a Person Living With Dementia (recent diagnosis/early stages) and/or their carer if the Person Living With Dementia would like them to attend. Person having symptoms and seeking a diagnosis, or a diagnosis of Mild Cognitive Impairment can also register. Offered via Virtual (Telephone and/or Zoom) or Face-to-Face in Dementia Australia's offices.

Support to help you following your diagnosis, provides you with practical information and advice tailored to your circumstances.

For more information view the Post Diagnostic Support Program flyer by visiting: [dementia.org.au/sites/default/files/2020-09/DA-Post-diagnostic-program-flyer.pdf](https://dementia.org.au/sites/default/files/2020-09/DA-Post-diagnostic-program-flyer.pdf)

## Carer Gateway Facilitated Coaching Program

One-on-one carer led sessions offered via Phone or Zoom over five sessions. Carer coach will guide you through practical strategies in building resilience for yourself.

For more information download the flyer: [ddwmpnh.com.au/uploads/attachments/0162-Coaching-factsheet-Dementia-Australia-v1.pdf](http://ddwmpnh.com.au/uploads/attachments/0162-Coaching-factsheet-Dementia-Australia-v1.pdf) or contact Carer Gateway on 1800 422 737 or Dementia Australia on 1800 588 699 to register.



## Dementia Behaviour Management Advisory Services

When changed behaviours start to impact the care of a person living with dementia, or their carers, we can provide on the ground support, clinical advice and more to help.

### Helping respond to changed behaviours

Everyone experiences dementia differently. Through the Dementia Behaviour Management Advisory Services (DBMAS), we work to understand each person's unique experiences and develop ways to respond to individual needs. Working closely with the person living with dementia and their carers, including GPs and clinicians, we design tailored, non-pharmacological supports and help you implement these.

Whether you are a home care provider, respite service, in aged care or a carer at home, we can support you. We can also support in acute care to facilitate transition back home or into care.

### Who is DBMAS for?

DBMAS is part of Dementia Support Australia funded by the Australian Government and free to access. DBMAS is designed to provide more proactive support early on, where there is less risk related to the behaviour. This supports people regardless of where they are, their dementia diagnosis or age. And if DBMAS isn't the right service for them, we'll connect them to the right program.

### We do this through:

- 24/7 phone support.
- Phone or in-person assessment of the person living with dementia and their environment.
- Involving the career/support network to understand the person with dementia and their needs, including their background and life experiences.
- Highly personalised advice, strategies and written recommendations.
- On-going support and guidance to implement the recommendations.
- Increasing staff knowledge through modelling strategies and recommendations.
- Access to current research and guidelines.
- Referrals to other DSA services.



## Ipswich Carer Supports Program

Ipswich Carer Supports Program are held fortnightly on Monday mornings from 09:30–11.30am at our site at 84 Chermside Road, East Ipswich. Bookings are essential, please call the centre on 07 3812 2253.

These groups are curated for carers, and we ask that loved ones and family members for whom you care do not attend. If loved ones or family require care while you are attending the group, please contact our Multi Service Centres to arrange attendance at our day respite programs. While there is no cost incurred for carers to attend the Carer Supports Program and Education Groups, there will be a cost for clients to attend our Multiservice Centre day respite programs.

## Dementia Advisory and Support Service (DASS)

**Name:** Anne D’Alterio, Dementia Advisor

**Phone:** (07) 3432 6042

**Mobile:** 0438 846 759

**Fax:** (07) 3282 6642

**Email:** [anne.d’alterio@ozcare.org.au](mailto:anne.d’alterio@ozcare.org.au)

**Address:** Ipswich Branch 2 Joffre Street,  
Booval QLD 4304

**Website:** [ozcare.org.au](http://ozcare.org.au)

DASS is a statewide service providing assistance to people living with dementia, their loved ones and service providers to further develop knowledge and skills in dementia care. Advisors work in consultation with the individual to provide support in the changes they may be experiencing, with the goal of enhancing independence and choice. Based on individual care needs, personalised dementia services may include access to:

- Face to face or telephone support
- Identification and assessment of needs
- Assistance to overcome challenges
- Support to rediscover independence
- Links to other support services
- Provision of information to achieve a greater understanding of living with memory loss and/or dementia
- Help with care option West Moreton/ South Coast region covers from Gold Coast, Logan, Boonah, Beaudesert, Laidley, Ipswich, Lowood, Esk to Toogoolawah.





## Ipswich Multi Service Centre, Alzheimer's Queensland

### Dementia Advisors

**Phone:** 07 3812 2253

**Email:** [ipswich@alzheimeronline.org](mailto:ipswich@alzheimeronline.org)

**Address:** 84 Chermside Road, Ipswich  
QLD 4305

**Website:** [alzheimeronline.org](http://alzheimeronline.org)

### Opening days / hours:

24 hours a day / 7 days a week

Cost: \$25 per day / \$50 per night

Reduced rates can be discussed

### Additional notes:

Alzheimer's Queensland provide:

- A 24 hour Dementia Helpline  
1800 639 331
- Education for both professional  
groups and carers.
- Community Awareness programs
- Residential Care
- Support Groups
- AQ Rehab – Physiotherapy,  
Speech
- Pathology, Occupational Therapy,
- Dietetics and Nursing services  
in the setting of your choice  
(home, clinic, workplace or other  
facility)
- Alzheimer's Queensland Ipswich  
Working Carers program  
Monday to Saturday 6am - 8pm.

The service is provided from an old Queenslander cottage that is affectionately referred to as "Rosemary Cottage". The service is available to those people over 65 who have Dementia (or symptoms of Dementia) or are frail elderly.

For people under 65 (or 50 for Indigenous visitors) there must be a diagnosis of Dementia. The service is funded through HACC and NRCP.

The services offered include:

- Centre-based day respite (offering social and recreational opportunities that are provided in the cottage as well as out in the community)
- Overnight centre-based respite
- In-home social support



## Boonah Hospital - Social Work Service

**Alison Stenzel (Social Worker)**

**Phone:** 07 5463 3322

**Email:** Alison.stenzel@health.qld.gov.au

**Address:** Leonard Street, Boonah QLD  
4310 PO Box 93, Boonah QLD 4310

**Opening days / hours:**

Mon-Thu / 8.30am-4.30pm

**Cost:**

Nil

Provide support for carers, grief/loss, demands of caring role and the process of applying for residential care.

Assist with formalised QCAT application, practical and emotional support and attendance during QCAT hearings.

Assist family members throughout the process of a loved one moving into residential care.

## Gatton Hospital - Social Work Service

**Zee Klebic (Social Worker)**

**Phone:** 07 54684129

**Email:** Zee.klebic@health.qld.gov.au

**Address:** 97-103 William street, Gatton  
QLD 4343

**Opening days / hours:**

Monday to Friday/8 – 4.30pm

**Cost:**

Nil

Provide support for carers, grief/loss, demands of caring role and the process of applying for residential care.

Assist with formalised QCAT application, practical and emotional support and attendance during QCAT hearings.

Assist family members throughout the process of a loved one moving into residential care.



## Lowood and District Friendship Club

**Phone:** 0448 043 404

**Address:** Open Door Gallery  
45 Railway Street, Lowood 4311  
QLD

**Opening days / hours:**

4th Tuesday of every month, 9.30 am to 11.30 am

**Cost:** Fees - Gold coin donation

**Referrals:** No referrals required

**Bookings:** Bookings essential, phone the service on 0448 043 404.

### Service-specific criteria

#### Inclusion criteria:

- People living with dementia
- Carers or family of people living with dementia
- Interested others.

#### Support group includes:

- Share relevant resources and information relating to dementia in a safe and supportive environment
- Support from those with similar experiences
- Build friendships around shared experiences
- Activities
- Morning tea provided.

## Western Brisbane Dementia Alliance

**Name:** Juanita Hughes

**Phone:** 0405 658 455

**Address:** Chatz Coffee and Cake Forest Lake 528 Waterford road Elle Grove Queensland 4078

**Opening days / hours:**

Meet Tuesday fortnightly

Group get together Forest Lake Uniting Church

**Bookings:** Phone to book

## Dementia alliance international - online support groups for people with dementia

**Phone:** 0405 658 455

**Email:** [info@infodai.org](mailto:info@infodai.org)

Membership is free but must be a member.