

# Primary Health Care Strengthening Medicare General Practice in Aged Care

## Quality Improvement Workbook



### National MyMedicare PHN Implementation Program



The aim of the General Practice in Aged Care Incentive (GPACI) Quality Improvement (QI) workbook is to provide a simple and practical guide for implementing GPACI through continuous Quality Improvement (QI) activities. It focuses on enhancing continuity of care, improving patient outcomes, and increasing practice efficiency by shifting from volume-based care towards structured, regular care planning and preventative care model.

The QI workbook also links to existing resources related to MyMedicare and the General Practice in Aged Care Incentive.

This QI workbook seeks to enable general practice to determine readiness for participation in the General Practice in Aged Care Incentive, complete the registration process (if needed), and sets out actionable steps to assess and improve your practice's model of care for residents in aged care homes.

This workbook has been developed by Primary Health Networks through the PHN Cooperative, the National PHN MyMedicare Implementation Program and the National Improvement Network Collaborative.

## Acknowledgement

Darling Downs and West Moreton PHN (the PHN) acknowledges Aboriginal and Torres Strait Islander peoples as the Custodians of this land on which we work. We pay respect to Elders past, present and emerging, and commit to a future with reconciliation and renewal at its heart. We recognise that the concepts of land, family and spirituality are directly linked to Aboriginal and Torres Strait Islander peoples' physical, mental, social, spiritual and cultural wellbeing. The PHN would also like to acknowledge the resilience and wisdom of Aboriginal and Torres Strait Islander peoples as some of the world's longest lasting cultures and recognise our responsibility to contribute towards a more equitable and culturally-safe primary care system.

<https://www.health.gov.au/resources/apps-and-tools/primary-health-network-locator>

This QI Workbook has been developed by PHN's nationally through the PHN Cooperative, the National Improvement Network Collaborative (NINCo), and the National MyMedicare PHN Implementation Program. We acknowledge that some resources used or referenced within this toolkit are from organisations including the Department of Health and Aged Care, Services Australia, Royal Australian College of General Practitioners (RACGP); Best Practice; and Medical Director. These organisations retain copyright over their original work. Referencing of material is provided throughout.

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National MyMedicare PHN  
Implementation Program





## Navigating this Workbook

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### Section heading

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Click on the section of interest or scroll through in the Workbook in order.



Definitions for abbreviations used throughout this resource are included in [Appendix 4](#).



## Document Control

This section outlines the major changes made to versions of the document. Minor/immaterial edits throughout the toolkit are not included.

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<b>2.0</b>	January 2025	Replaced Medicare Express with MyGov and links	Page 9, 20
<b>2.0</b>	January 2025	Updated national general practice accreditation exemption period for GPACI to December 31 2026	Page 16
<b>2.0</b>	January 2025	Updated links to new GPACI Guidelines and Terms and Conditions	Page 17
<b>2.0</b>	January 2025	Updated data activity to refer/link to forecasting tool HPE resource for GPACI	Page 18
<b>2.0</b>	January 2025	Updated/new <u>HPE infographics for GPACI</u> added and broken links removed	Page 19, 24, 25
<b>2.0</b>	January 2025	Updated appendices pages. One appendix per page and links at the beginning of the section. This ensures that each appendix can be printed/used as a lift-out. Abbreviations appendix added.	Pg 35-47

## Where to get help?

### Darling Downs and West Moreton PHN

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Phone: 07 4615 0900

## Overview

This section provides an overview of the General Practice in Aged Care Incentive (GPACI) QI Workbook, outlining its purpose, key components, and expected outcomes. It includes the executive summary, background on the GPACI initiative, incentive payments structure, and the workbook's aim to support general practices in delivering proactive, high-quality care to aged care residents.

### Executive Summary

The General Practice in Aged Care Incentive (GPACI) QI Workbook is designed to support general practices in implementing the GPACI to enhance care for aged care residents. This Quality Improvement (QI) workbook provides practical resources and guidance to support planned, preventative care by outlining key steps for MyMedicare registration, care planning, coordination with multidisciplinary teams, accessing incentive payments, ensuring improved patient outcomes and continuity of care. Practices can utilise the workbook to streamline their workflows, access relevant resources, and implement continuous Quality Improvement (QI) activities, ultimately fostering a patient-centred approach in aged care settings.

### About this workbook

This QI workbook has been developed to support primary healthcare services in implementing quality improvement activities, offering practical tips, examples, and templates. The GPACI QI workbook provides ideas for healthcare providers on how to use GPACI and MyMedicare Voluntary Patient Registration to enhance the quality of care for residents of Residential Aged Care Homes (RACHs) and strengthen care coordination between Residential Aged Care Homes, patients, and their primary care teams.

### How to use this workbook

The QI workbook is organised into sections ordered to support your practice to get across the foundations before stepping into QI and care delivery. You are also encouraged to navigate forward to the section that is most relevant to your practice and work through activities in any order you prefer.

[Section 1 - QI and GPACI Foundations](#)

[Section 2 - GPACI Registration and Participation](#)

[Section 3 - Delivering care to meet GPACI service requirements](#)

[Section 4 - Maintaining QI Momentum](#)

[Section 5 - Best practice care for older Australians](#)

## Outcomes of this QI workbook

The QI workbook provides a step-by-step approach to:

- ✓ Provide practical instructions for understanding, implementing, and evaluating the GPACI initiative within general practices and Residential Aged Care Homes (RACHs).
- ✓ Improve coordination of care between general practice teams, RACHs, patients/residents and their carers.
- ✓ Successful implementation of GPACI using Quality Improvement (QI) activities, leading to improved care delivery.
- ✓ Make measurable and sustainable improvements to models of care

**There are six steps to implement any successful QI activity.**

**STEP 1 - Planning and preparation:** Identify resources, define the scope, and set up the team to lead the QI activity.

**STEP 2 - Use data to set goals and identify suitable patients:** Leverage practice data to select eligible patients and establish clear care goals aligned with GPACI objectives.

**STEP 3 - Implement improvement actions:** Initiate care interventions, such as developing care plans and conducting regular patient reviews, in line with GPACI requirements.

**STEP 4 - Regularly review your QI activity:** Continuously monitor progress against goals and adjust strategies as needed to ensure effectiveness.

**STEP 5 - Sustain and maintain improvements:** Develop a long-term plan to sustain the improvements made, ensuring continuous care and patient engagement.

**STEP 6 - Document your activity:** Keep detailed records of all steps and outcomes, ensuring compliance with GPACI guidelines and supporting future QI activities.

## HOW DO I DETERMINE A START POINT IN THIS TOOLKIT?

### STEP 1

#### Assess your practice's readiness

- Is the practice registered for MyMedicare?
- Has the practice registered for GPACI?
- Has the practice begun to identify eligible patients?



See **Section 1** and **Section 2** of this document.

### STEP 2



#### Consider your practice's service delivery of GPACI...

- Has your practice considered the model of care for delivering GPACI?
  - Could you maximise income more?
  - Could you use more of your care team?
- NOW time to consider a QI activity...

See **Section 3** of this document.

### STEP 3



#### Carry out a sustainability check on your practice

See **Section 4** of this document.

### STEP 4



#### Consider other GPACI QI activities in this tool to carry out...

See **Section 5** and **Appendices** of this document.

## Section 1 – QI and GPACI Foundations





## Section 1 - QI and GPACI Foundations

### Section Navigation

- 1.1 [MyMedicare, Person Centred Care and GPACI](#)
- 1.2 [Preparing your practice team for GPACI quality improvement activities](#)



### 1.1 MyMedicare, Person Centred Care and GPACI

This section provides an overview of the General Practice in Aged Care Incentive (GPACI), including its purpose and structure. It covers key topics such as the MyMedicare initiative, incentive payments, and the principles of person-centred care. Additionally, it explores the relevance of GPACI within primary healthcare, detailing the roles and responsibilities of healthcare providers, practices, and aged care homes. Links to relevant resources are also provided to support implementation and understanding of the program.

Video links below provide a quick summary on GPACI from the perspective of a GP.

- **MyMedicare and an overview of GPACI** (2 minutes)- <https://youtu.be/tFNUhZZpy9o>
- **Details of GPACI and service and eligibility requirements** (5 minutes) - <https://youtu.be/jFYDB5D4T8>
- **Patient registration for GPACI** (2 minutes) - <https://youtu.be/xcPMx2jaRq8>

#### 1.1.1 MyMedicare

MyMedicare is a voluntary patient registration (VPR) model that aims to strengthen the relationship between patients, their general practice, GP, and primary care team. General practices can register through PRODA, and patients can register through [MyGov](#) or by completing a paper [registration form](#). MyMedicare registration is voluntary for patients, practices, and providers, and supports practices to work to deliver more person-centred, comprehensive care.

Residents of Aged Care Homes have [simplified eligibility for MyMedicare registration](#). More detailed information about MyMedicare, what it is, its benefits, eligibility requirements and how to participate are available [here](#).

MyMedicare registration is an essential preliminary step that must occur before a practice or a resident/patient can participate the General Practice In Aged Care Incentive.

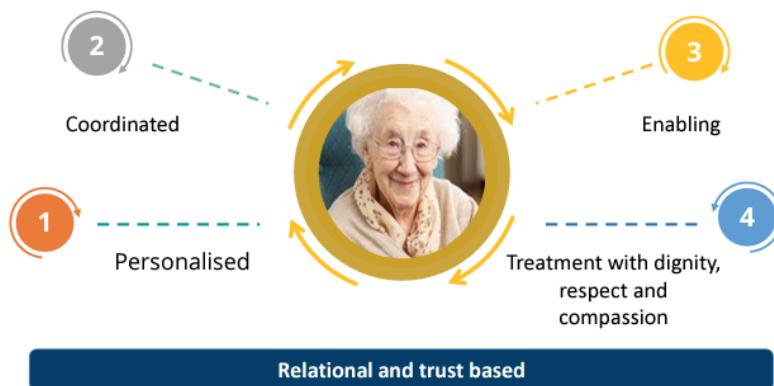
#### Relevant Resources

- [MyMedicare GP Communication Toolkit](#)
- [MyMedicare Fact Sheet](#)
- [MyMedicare information for practices and providers](#)
- [MyMedicare Resources for patients; general practices, providers; and translated resources](#)

## 1.1.2 Person Centred Care

The General Practice in Aged Care Incentive (GPACI) emphasises a person-centred approach to care, defined by the Australian Commission on Safety and Quality in Health Care as '*healthcare that respects the individual, their family, and carers, and responds to their preferences, needs, and values*' which leads to improved health outcomes. The four core principles of person-centred care include:

1. treating individuals with dignity, compassion, and respect;
2. providing coordinated care, support, and treatment;
3. offering personalised care tailored to individual needs; and
4. empowering people to recognise and build on their strengths to lead more independent and fulfilling lives.

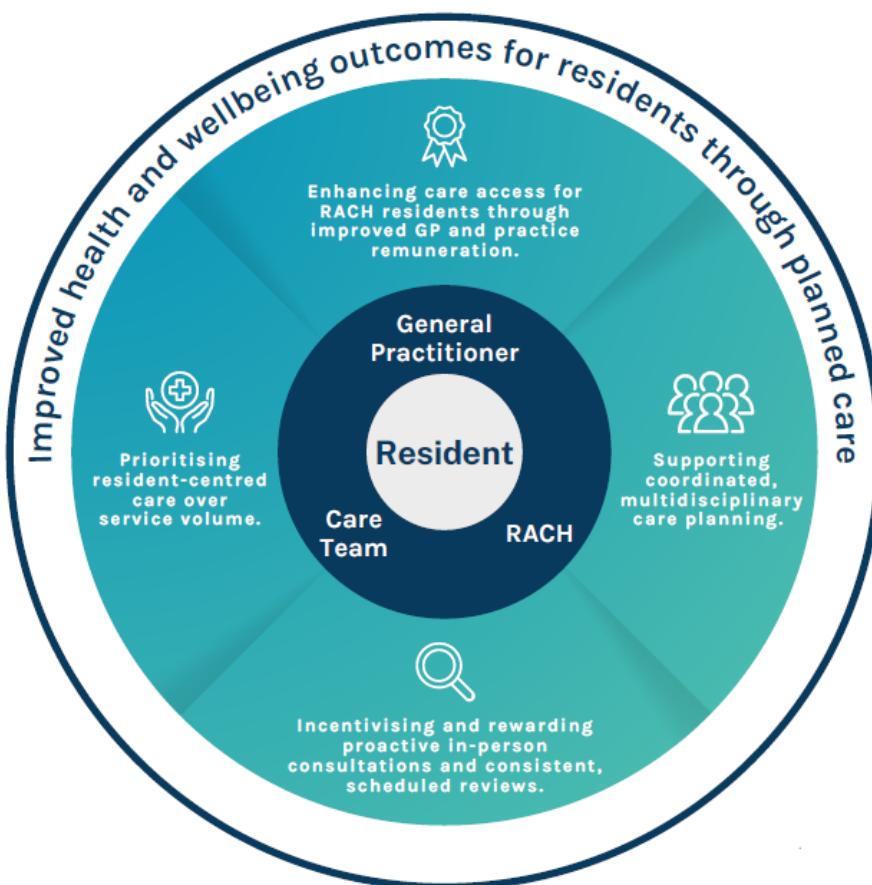


Reference: <https://www.health.org.uk/sites/default/files/PersonCenteredCareMadeSimple.pdf>

## 1.1.3 General Practice in Aged Care Incentive

For residents in Residential Aged Care Homes (RACHs), the General Practice in Aged Care Incentive (GPACI) seeks to enhance access to high-quality, proactive, ongoing, and person-centred care. General Practices can register to participate in GPACI and register providers and patients in the incentive through PRODA.

The incentive incorporates a team-based approach with some services able to be delivered by other practice team members, with the GP nominated as the Responsible Provider delivering the majority of care and assuming ongoing responsibility for care delivered by the practice.



GPACI Benefits. Source: Eastern Melbourne PHN

### Incentive payments

General practitioners (GPs) and practices registered with MyMedicare and meeting the eligibility and [service requirements](#) will receive quarterly incentive payments (rural loadings apply for MMM 4-7), in addition to standard Medicare Benefits Scheme (MBS) and Department of Veterans Affairs (DVA) rebates.

The payments include:

- \$300 per patient, per year, for the responsible GP or provider.
- \$130 per patient, per year, for the practice managing the patient's care.

For more information on the General Practice in Aged Care Incentive please refer to the fact sheet provided by the Department of Health and Aged Care.

[Fact Sheet - General Practice in Aged Care Incentive Fact sheet](#)

### GPACI Stakeholder Benefits and Responsibilities

The General Practice in Aged Care Incentive (GPACI) enhances primary care in aged care settings by improving coordination and continuity of care, benefiting residents, families, general practitioners, and aged care homes. Each stakeholder has an essential role in coordinated care to achieve better health outcomes and a more integrated approach to care in residential aged care settings.

Below is a summary of the key benefits and role/actions for each stakeholder group:

Stakeholder	Benefits	Role / Actions
<b>Residents, families, and carers</b>	Enhanced, continuous primary care within aged care homes.  Improved care coordination involving family, friends, and carers.	Register for MyMedicare  Collaborate in setting care goals  Participate in proactive and continuous care
<b>Residential Aged Care Homes</b>	Collaboration with GPs and practices to enhance resident care and compliance with Aged Care Standards	Assist residents in registering for MyMedicare  Support GPs in delivering proactive care
<b>General Practice</b>	Payments for proactive care planning and regular care for registered aged care residents.  Strengthened relationships between GP, practice, patient, and care team.  Opportunities for practice team to deliver care directly to aged care residents.  Access to resources that improve patient outcomes and satisfaction, expanding scope of practice.  Develop specialised skills in aged care (e.g., dementia care, palliative care) while fulfilling Continuing Professional Development (CPD) requirements	Deliver eligible services to aged care residents  Support planning, coordination, and administration  Register residents in MyMedicare and GPACI

A detailed illustration of the key implementation partners and their roles in the General Practice in Aged Care Incentive (GPACI) is available here: [GPACI Roles and Contributions](#)

#### Other GPACI-relevant resources

**Website** - [GPACI Website](#)

**Videos** - [My Medicare and GPACI overview](#)

#### Practice Resources:

- [GPACI FAQs for GPs and Practices](#)
- [MyMedicare Resources \(available in 10 Languages\)](#)
- [Social Media Tiles](#)
- [MyMedicare - Poster 1](#)
- [MyMedicare Poster 2](#)
- [MyMedicare Poster First Nations](#)

## 1.2 Preparing your practice team for GPACI quality improvement activities

The actions outlined below are important steps to prepare your team and practice for participating in General Practice in Aged Care Incentive (GPACI) Quality Improvement activities. A coordinated strategy incorporating team engagement, practice accreditation, and well-defined care delivery procedures is necessary for successful participation.

### 1.2.1 Quality Improvement Activity Summary

This QI workbook utilises the [Model for Improvement \(MFI\) framework](#) to plan the activity goal, activity measurement, and improvement ideas.

For more information on MFI: [Weblink: How to Improve: Model for Improvement | Institute for Healthcare Improvement \(ihi.org\)](https://www.ihi.org/resources/1000/How-to-Improve-Model-for-Improvement)

The improvement ideas in this workbook are examples of practical steps to assist with the GPACI initiative. It is recommended to review each activity and select or adapt those appropriate for your primary health care service and use Plan Do Study Act (PDSA) cycles to make sustainable changes and record key learnings for your team.

### 1.2.2 Goal of Quality Improvement Activity

Defining the goal of any activity provides your primary healthcare team with a statement of what you are trying to accomplish. Review the goal below and adjust according to your primary healthcare service starting point and requirements.

## QI ACTIVITY GOAL EXAMPLE



Our team will aim to improve aged care residents' registration rates for GPACI by XX% within the next XX duration (months)

**Measure** – How will you measure the change for this activity?

**Overall measure** - Percentage increase in patients registered to GPACI in PRODA.

#### Baseline measures

Practice has 2 patients registered at the start of the activity. We are unsure of the number of patients that are residents of Residential Aged Care Homes (RACHs), but we estimate we are providing care to about 50 residents, at 3 RACH locations.

#### Data to collect

Data will be collected on the following on the first Tuesday of the month for 6 months.

- Number of new GPACI patients registered each month by the practice
- Number of GPACI patients removed from PRODA (e.g. deceased or withdrawn)
- Number of total patients registered to GPACI
- Number of total patients registered to GPACI in the previous month



Regular review of activity measurement enables your primary health care team to assess progress and track if change(s) are leading to an improvement. It is best to measure at the beginning of the activity (baseline) and at regular intervals. Use the [Model for Improvement \(MFI\) framework](#) to methodically work through identifying a clear problem, and to explore solutions and take action.

## 1.2.3 Quality Improvement Building Blocks

### Step 1: Identify your QI team and establish QI activity communication processes

Refer to [Appendix 1 for a checklist template](#) to help you with this activity.

1.  Identify your QI change team
2.  Identify your 'why'
3.  Allocate QI team protected time
4.  Set up QI team meetings
5.  Setup your QI team collaboration zone
6.  Plan communication with the wider practice team
7.  Plan communication with other important stakeholders

## Section 2 – GPACI Registration and Participation





## Section 2 – GPACI Registration and Participation

This section provides information describing the requisites for your practice to participate in the General Practice in Aged Care Incentive (GPACI). It includes essential information on practice accreditation requirements, the process for registering your practice and patients, and key system details from Services Australia.

### Section Navigation

- 2.1 [Accreditation Requirements](#)
- 2.2 [Eligibility Requirements for GPACI](#)
- 2.3 [Develop accurate patient registers of people living in residential aged care](#)
- 2.4 [Registration for GPACI](#)



### 2.1. Accreditation Requirements

A key requirement for participation in the General Practice in Aged Care Incentive (GPACI) is for general practices, responsible providers, and patients to be registered with MyMedicare and linked to the GPACI program in the [Organisation Register](#).

To qualify for MyMedicare, general practices must be accredited under the National General Practice Accreditation Scheme. An exemption allowing non-accredited practices to participate in [MyMedicare](#), and the [General Practice in Aged Care Incentive](#) is in effect until 31 December 2026.

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*The definition of a "general practice" was amended by the Royal Australian College of General Practitioners (RACGP) in April 2024 to include 'non-traditional practices'. As such general practices such as solo or mobile general practitioners providing essential visiting services to Residential Aged Care Homes are now eligible to participate in accreditation.*

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The [RACGP Interpretative guide for non-traditional general practices for the purposes of accreditation](#) provides general practices and accreditation assessors information to understand how the RACGP 5<sup>th</sup> Edition standards apply to non-traditional general practices. The interpretive guide outlines how indicators in the standards may apply differently for non-traditional practices and those without a physical clinic premises.

#### National General Practice Accreditation (NGPA) scheme

<https://www.safetyandquality.gov.au/our-work/accreditation/national-general-practiceaccreditation-scheme>

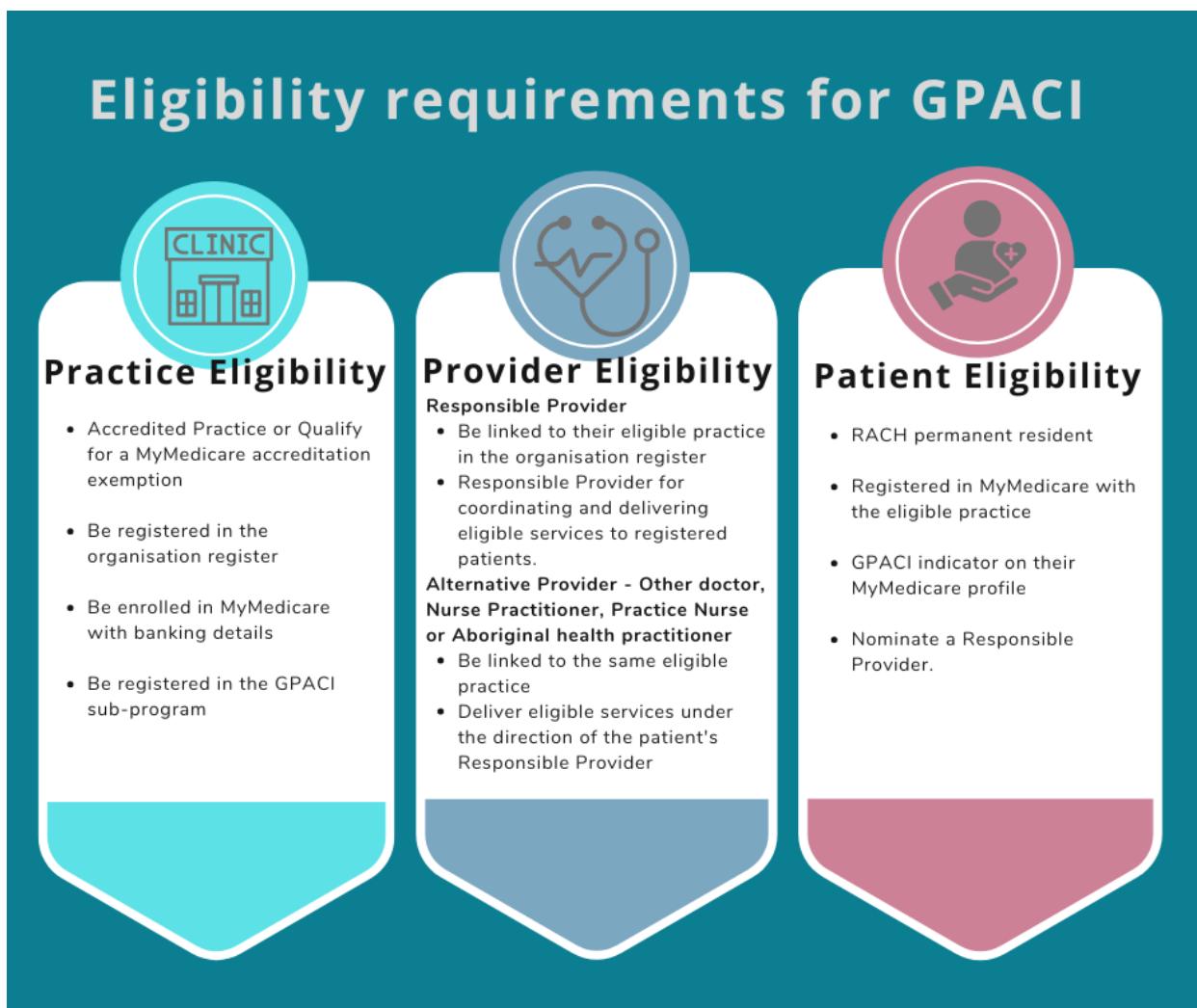
#### Approved accrediting agencies under the NGPA Scheme

<https://www.safetyandquality.gov.au/our-work/accreditation/national-general-practiceaccreditation-scheme/approved-accrediting-agencies-under-ngpa-scheme>

Darling Downs and West Moreton PHN invites non-traditional practices, and non-accredited practices particularly those delivering essential visiting care services to Residential Aged Care Homes to Practice support, [practicesupport@ddwmphn.com.au](mailto:practicesupport@ddwmphn.com.au); for information and to explore options for participating in accreditation and the [General Practice in Aged Care Incentive](#).

## 2.2 Eligibility requirements for GPACI

The eligibility requirements for practices, providers and patients for GPACI are summarised below.



Resources: [Services Australia Learning Modules – MyMedicare and GPACI](#)

## 2.3 Develop accurate patient registers of people living in residential aged care

This activity aims to support your practice to develop an accurate list of all patients that you care for that are residents of a Residential Aged Care home. There are two options outlined below to develop a list of RACH patients for your practice.

### Option 1 – Existing RACH patient lists

Existing lists of RACH patients may already be available including:

- Lists of RACH patients your practice has compiled, or
- A list of patients that Residential Aged Care Homes (RACH) have, which provide a summary of all patients your deliver care to at that RACH.

If these lists are readily available and reliable then you may not need to use other data to develop a list.

## Option 2 – Use your practice system data to create a patient list

You can also use data from your practice software, or data extraction tools provided by the PHN to develop a list of all patients your practice deliver care to that live in residential aged care homes. You can compare your list with the GPACI patient list available in PRODA if you are already registered and participating in GPACI (refer to slide 13 - 14 of HPE resource [MYMEDM03-MyMedicare - General Practice in Aged Care Incentive - Requirements and Eligibility Forecasts](#)).

Either way, you'll need to use data to from these sources to track your progress and QI activities in a meaningful manner.

Baseline data provides a starting point of data that measures your current state. Having a baseline is essential to compare to in the future so that you can understand the impact of improvement activities. Baseline data for QI activities can be obtained from multiple sources, for example:

- Practice management software
- Data analytic tools, such as Primary Sense, PenCS CAT Plus or POLAR.

### Data searches to identify Residential Aged Care Home (RACH) patients

Use your practice software to identify RACH MBS items billed by your practice.

Search your practice software for MBS items you have billed to develop a list of patients that have had these items claimed in the last 12 months. Review the list below and choose one or more MBS items you commonly bill and run searches for those items to develop patient lists. Document your approach using the [Model For Improvement and PDSA template available at Appendix 2](#)

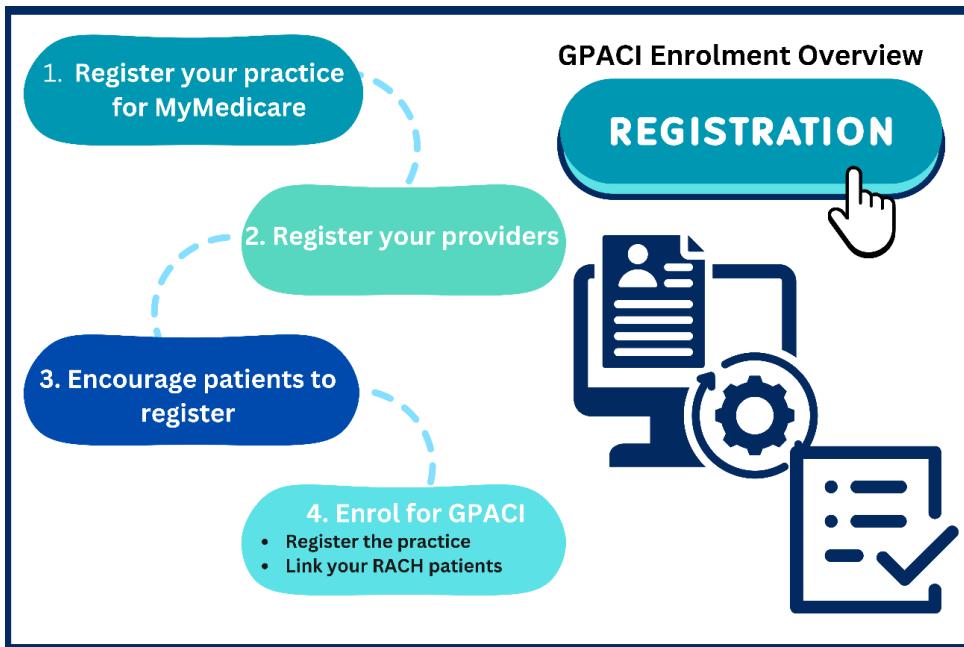
<b>RACH Care Plan MBS Items</b>	<b>Comprehensive medical assessments (701, 703, 705, 707)*</b> <b>Contribution to, or review of, multidisciplinary care plan (731)*</b> <b>Residential Medication Management Review (249, 903)</b> <b>Veteran Health Check (MT701, MT703, MT705, MT707)*</b>
<b>Other RACH MBS Items</b>	Attendance at a residential aged care home [B-E Consultation] (90035, 90043, 90051, 90054, 90093, 90095, 90096, 90098, 90188, 90202, 90212, 90215) Non-Urgent After-Hours Attendance (772, 776, 788, 789, 2200, 5028, 5049, 5067, 5077, 5262, 5263, 5265, 5267) Flag falls for GP attendance at residential aged care facility (90001, 90002, 90005, 90020 90035, 90043, 90051, 90054) Telehealth Services (92027)

For the latest list of MBS items relevant to RACH care see [MBS Online](#). A list of all GPACI MBS items is provided in the [GPACI Guidelines](#) and [Terms and Conditions](#)

\*Note these MBS items are not exclusively for patients of RACHs.

## 2.4 Registration for GPACI

This section outlines the steps required to register your practice and patients for the General Practice in Aged Care Incentive. It provides a summary on how to navigate the registration process, manage patient registration and extract necessary data to ensure effective participation in the initiative.



### 2.4.1 Practice Registration

Registering your practice for GPACI requires several steps. **It is important you carefully read and follow the instructions in the [resources for registration](#) to update your practice information and register responsible providers.** Once you've followed these steps, you can proceed with, registering patients for GPACI, assigning responsible providers, and de-registering patients (due to reasons like patient death, practice closure, or provider capacity).

Step-by-step guidance to register your practice and add patients to GPACI is available here: [MYMEDINFO7-Steps required to add the MyMedicare General Practice in Aged Care Incentive](#)

Tips for practices to ensure ongoing payment eligibility are available here: [MYMEDINFO15-General Practice in Aged Care Incentive \(GPACI\) - Hints and tips to ensure you get paid correctly](#)

### Resources for registration

- [MYMEDINFO14-General Practice in Aged Care Incentive - From registration to service delivery](#)
- [Adding the MyMedicare General Practice in Aged Care Incentive Indicator](#)
- [Service Australia - MyMedicare eLearning](#)

### 2.4.2 Patient Registration

GPACI registration is completed by the practice but **first requires the patient to be registered for MyMedicare**. Therefore, the focus for practices engaging patients is to explain MyMedicare and ensure the patient completes their MyMedicare registration.

Step-by-step guidance to register patients for MyMedicare is available here: [MYMEDINFO1-Checklist and steps to register for MyMedicare on the Organisation Register](#)

Note that if you are registering a new GPACI patient late in the GPACI quarter (not in the first month of the quarter), you may opt set their date of registration for the GPACI incentive as the first day of the following quarter. This can ensure that your practice has sufficient time in the first quarter to deliver the required 2 visits in separate calendar months.



## 2.4.3 Patient resources to explain MyMedicare and GPACI

### Patient Videos

[Introducing MyMedicare | Australian Government Department of Health and Aged Care](#)

[Registering in MyMedicare | Australian Government Department of Health and Aged Care](#)

### Patient Brochures

[mymedicare-dl-brochure.pdf \(health.gov.au\)](#)

[Aged Care Resident MyMedicare brochure](#)

## 2.4.4 Assisting Patients to complete MyMedicare Registration

- Depending on practice staff capacity, one or more of the following processes may be implemented to assist eligible patients with MyMedicare registration:
- Pre-complete a [MyMedicare Patient Registration form](#) for each RACH patient prior to your next RACH visit. Invite residents (or their nominated medical decision maker) to sign the form when you next visit them, or mail pre-completed forms for signature.
- Have a conversation with your patients and their family when you visit the RACH. Provide a letter explaining MyMedicare and [MyMedicare Registration form](#) inviting them to participate.
- Engage with Residential Aged Care Homes you visit, and discuss the option of having them include the [MyMedicare Patient Registration form](#) in their resident on-boarding packs and admission checklists and processes to help streamline care access.
- Identify all RACH patients due to receive care in the next 2 - 4 weeks:
  - Initiate registration by sending a pending registration request to a patient. A pending registration request prompts a patient via the patient's Medicare Online Account or [MyGov](#) App to complete the registration with the practice digitally. Invitations are only valid for 30 days.
  - Invite patients via SMS to register with your practice using their [MyGov](#) or complete a [MyMedicare Patient Registration form](#).

Note that all MyMedicare Patient Registration forms completed by patients, are returned to the general practice they wish to register with, and need to be entered by the practice in HPOS.

## 2.4.5 Other important registration considerations:

### Practitioner Capacity

Consider how many RACH patients your practice will register with each Responsible Provider. This will be informed by their RACH visit schedule, workdays and clinic days. This may increase if you use other members of the care team to support RACH visits such as other GPs, nurses, nurse practitioner or Aboriginal Health Practitioners.

### Patient Journey

- At what point throughout the patient journey will the practice raise awareness about MyMedicare,
- Discuss the benefits and discuss patient registration (e.g., at patient check-in, with the clinical health care team at the time of the patient's appointment)?

## Staff Education and Awareness

- Ensure all practice staff including GPs are confident to discuss the benefits of registering for MyMedicare with patients.
- Ensure all GPs who are willing to participate in MyMedicare are registered in the Organisation Registered in PRODA so that patients can select them as their preferred general practitioner.
- Ensure your practice administration team are familiar with how to [check GPACI compliance using PRODA](#), and have a good understanding of [GPACI service requirements](#) to support appointment scheduling for Responsible Providers, patients and other members of the practice team

## Patient Eligibility

- Ensure non-clinical staff understand patient eligibility requirements and the process to check patient eligibility prior to discussing GPACI and MyMedicare benefits with patients, and their carers or decision makers.

## Section 3 - Delivering care to meet GPACI service requirements



## Section 3 - Delivering care to meet GPACI service requirements

This section focuses on the practical aspects of providing care under the General Practice in Aged Care Incentive (GPACI). It outlines the requirements for delivering eligible services to registered aged care residents, ensuring proactive, continuous, and patient-centred care.

### Section Navigation

- [\*\*3.1 GPACI minimum care requirements\*\*](#)
- [\*\*3.2 GPACI MBS User Guide\*\*](#)
- [\*\*3.3 GPACI Services Australia compliance and forecasting tools\*\*](#)
- [\*\*3.4 Coordinated GPACI Service Delivery\*\*](#)
- [\*\*3.5 Reviewing your GPACI delivery approach\*\*](#)



### **3.1 GPACI minimum care requirements**

Under the GPACI, general practices must deliver a minimum of two care planning items per year, along with eight regular visits in different calendar months each quarter. For more information about the requirements of the GPACI visit

[General Practice in Aged Care Incentive | Australian Government Department of Health and Aged Care](#)

### **3.2 GPACI MBS User Guide**

Primary Health Networks (PHNs) have developed a user guide for Medicare Benefits for the General Practice in Aged Care Incentive (GPACI).

This resource can be used to inform and plan delivery of care and MBS billing to meet the service requirements for GPACI. Care planning items suggested for completion in the first billing quarters following patient registration in GPACI prioritise comprehensive care plans and include care planning items that trigger other MBS Items that support multidisciplinary team care/referral (for example practice nurses, aboriginal health practitioners, allied health and medicines reviews). Follow this link to access the [GPACI MBS User Guide](https://www.ddwmphn.com.au/mymedicare) (<https://www.ddwmphn.com.au/mymedicare>)

Here are some ideas your practice can consider applying the MBS user guide for your patients that are permanent residents living in aged care homes:

- Identify the **Sample Schedule** and **Example Annual Cycle** billing scenario that best suits your practice team and setting. Print these or share them with your practice team to inform care planning for the General Practice in Aged Care Incentive.
- Review your historical use of MBS items for Residential Aged Care Home patients and use the guide to develop a quick PDSA (Plan – Do – Study – Act) to identify any improvements you could make to billing and care practices.
- Plan care for your residential aged care patients 3 – 6 months ahead by booking appointments for residential aged care visits each month using the Example Annual Cycle as a guide. Consider how you can group visits to a residential aged care home in your practice booking system to maximise the efficiency of clinician time.
- Meet with your practice team to reflect on the guide, and identify opportunities for practice nurses, Aboriginal health practitioners and other doctors to support or deliver care. For example, could practice nurses to work alongside doctors at aged care visits preparing documentation for care plans to make visits more efficient for your practice, residential aged care homes, and patients/residents?

A snapshot of the MBS User Guide is provided below:

**GPACI MBS User Guide**

**GPACI RACH Visits - Sample Schedule - RESPONSIBLE PROVIDER VISITING ONLY**

Quarter 1	Quarter 2	Quarter 3	Quarter 4
 <p><b>Contribution or review of Multidisciplinary Care Plan</b></p> <p>MBS 731 suggested to be co-claimed with: MBS 232 - Contribution to OR review of Multidisciplinary Care Plan</p> <p>*Item choice depend on length of assessment and type of practitioner*</p>	 <p><b>Comprehensive Medical Assessment</b></p> <p>MBS 703-707 OR MBS 224-227 Comprehensive Management Plan (CMA) - OR DVA MT701 - 707 Health Assessment item</p>	 <p><b>Residential Medication Management Review</b></p> <p>MBS 903 OR MBS249</p> <p>*Item choice depends on practitioner type*</p>	 <p><b>Case Conference</b></p> <p>MBS 235-240 OR MBS 735-758 Multidisciplinary Care Conference</p> <p>*Item choice depend on length of conference and type of practitioner*</p>
<p><b>Across the 12-month period must provide 2 of the above Eligible Care Planning Items</b></p> <p>These can be claimed at any point across the 12-months. Claiming MBS 731 early in the cycle (Q1) enables other MBS items and referrals. MBS 731 can be co-claimed with other items.</p>			
 <p><b>2x Eligible Regular Services</b></p> <p><b>Must be claimed in separate calendar months</b></p> <p>MBS Items 90035-90054 OR MBS 90188-90215 OR 90093-90096 OR Non-urgent after-hours items</p> <p>*Item choice depend on length of consultation and type of practitioner*</p>	 <p><b>2x Eligible Regular Services</b></p> <p><b>Must be claimed in separate calendar months</b></p> <p>MBS Items 90035-90054 OR MBS 90188-90215 OR 90093-90096 OR Non-urgent after-hours items</p> <p>*Item choice depend on length of consultation and type of practitioner*</p>	 <p><b>2x Eligible Regular Services</b></p> <p><b>Must be claimed in separate calendar months</b></p> <p>MBS Items 90035-90054 OR MBS 90188-90215 OR 90093-90096 OR Non-urgent after-hours items</p> <p>*Item choice depend on length of consultation and type of practitioner*</p>	 <p><b>2x Eligible Regular Services</b></p> <p><b>Must be claimed in separate calendar months</b></p> <p>MBS Items 90035-90054 OR MBS 90188-90215 OR 90093-90096 OR Non-urgent after-hours items</p> <p>*Item choice depend on length of consultation and type of practitioner*</p>
<p><b>NOTE:</b> Completing 2 Regular Visits with your patient per quarter triggers the incentive payment to both the Responsible Practitioner and the Practice. Payments will not be triggered if the two visits are not completed within the quarter in two separate calendar months. Triple bulk billing applies with eligible patients.</p>			

**Example Annual Cycle Inc. estimated billing - Responsible Provider Only  
MMM1-3**

Quarter 1			Quarter 2		
Eligible Care Planning Item MBS 731 + MBS 705	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	Eligible Care Planning Item Case Conference MBS743 40+Mins	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min
\$82.10 + \$222 = \$304.10	\$84.90	\$84.90	\$235.15	\$84.90	\$84.90
Other eligible items available depending on the patient's needs. Start the annual cycle with item 731 to ensure have best access to MDT requirements.	Other items are available for shorter or longer regular visits, after hours Note regular visits need to be in separate calendar months,	Other items are available for shorter or longer regular visits, after hours	A Case conference can be used to engage with care team members from RACH, allied health, specialists and care team members from your practice. Provides an opportunity to collaborate	Other items are available for shorter or longer regular visits, after hours	Other items are available for shorter or longer regular visits, after hours
Quarter 3			Quarter 4		
Eligible Care Planning Item - Med Review MBS 903	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	Eligible Care Planning Item Case Conference MBS743 40+Mins	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min	1x Eligible Regular Visit Responsible Provider MBS 90043 20-40min
\$123.70	\$84.90	\$84.90	\$235.15	\$84.90	\$84.90
Other eligible items available depending on the patient's needs MMRs aim to help people to get the most benefit from their medicines and minimise their risk of medicines-related harm - National Commission on Safety & Quality in Healthcare	Other items are available for shorter or longer regular visits, after hours	Other items are available for shorter or longer regular visits, after hours	A Case conference can be used to engage with care team members from RACH, allied health, specialists and care team members from your practice. Provides an opportunity to collaborate	Other items are available for shorter or longer regular visits, after hours	Other items are available for shorter or longer regular visits, after hours
<p>Annual Billed Amount in this example: \$1577.30 + incentive payment of \$300 (Responsible GP incentive) + \$130 (practice incentive) = \$2007.30 (noting incentive paid quarterly)</p> <p>Noting that the practitioner may visit the patient more frequently in the year for additional care needs to bill for follow up telehealth appointment, or bill for longer appointment items depending on patient's individual care needs, therefore the billed amount for the patient may be more or less - example only.</p>					

A list of MBS items for GPACI is also available here: [MYMEDIINFO13-Eligible MBS/DVA service items for the MyMedicare General Practice in Aged Care Incentive](#)

## 3.3 GPACI Services Australia compliance and forecasting tools

### 3.3.1 Forecasting Tools for GPACI

Access to forecasting tools provided by Services Australia helps monitor patient tracking and compliance under GPACI. You can find all of these infographics on the [HPE MyMedicare page](#)

#### Practices

- [Forecast eligibility for MyMedicare Incentives for an Organisation site/Practice](#)

#### Responsible Providers

- [Forecast eligibility for MyMedicare Incentives as a Provider](#)

The Patient Monitoring and Tracking Tool can be used to help practices record/track care delivery. [Patient monitoring and tracking tool | Australian Government Department of Health and Aged Care](#)

### 3.3.2 Checking quarterly compliance with GPACI for patients

Services Australia tools support practices to forecast eligibility and track quarterly compliance for MyMedicare Incentives. An education package is available explaining how to use these tools here: [MYMEDIINFO5-Forecast eligibility for MyMedicare Incentives for an Organisation site \(servicesaustralia.gov.au\)](#)

### 3.3.3 Scheduling care for GPACI patients

Coordinating care effectively is crucial under GPACI. Suggestions for care scheduling include:

- Practices should pre-book appointments for patients that include:
  - Notifications for family or carers if required with the dates/time of the appointment
  - Details of MBS items applicable to visits for each patient.
- Visit schedules may need to be adjusted depending on the unique circumstances of delivering care within each Residential Aged Care Homes (RACHs).
- Collaboration with RACH staff is essential for ensuring smooth care delivery and alignment with GPACI requirements.

### 3.4 Coordinated GPACI Service Delivery

Delivering care to meet the GPACI to patients living in Residential Aged Care Homes requires:

- clear team roles and responsibilities
- using data to monitor care delivery, billing and compliance
- care coordination
- information exchange

Use the following table to guide your GPACI service delivery and planning.

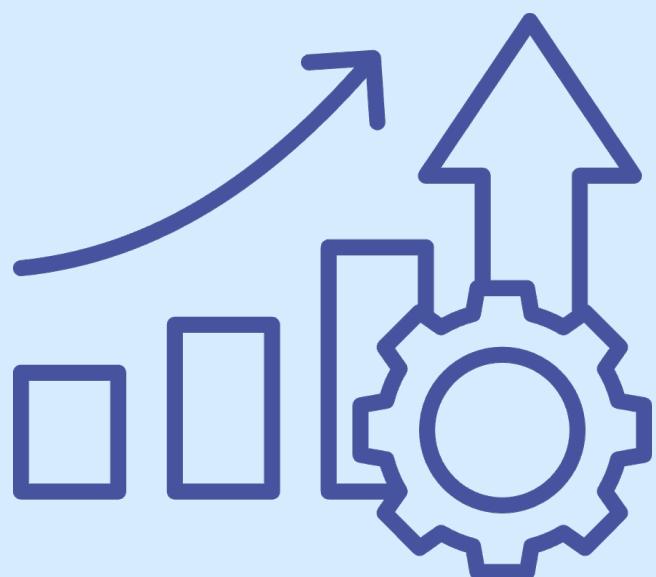
Team Roles	
<b>Responsible Provider</b>	The Responsible Provider is the patient's usual doctor and is accountable for overseeing the patient's care, coordinating with the practice team and RACH staff, and ensuring adherence to GPACI requirements. Responsible providers are required to complete care planning, and conduct RACH regular visits.
<b>Administrative</b>	Practice administration staff are crucial for managing appointment scheduling and changes. They serve as the first point of contact for inquiries regarding GPACI and ensure that appointments are arranged efficiently, facilitating communication between the practice, RACHs, and patients. They setup and populate clinician diaries to plan and schedule MBS items for each patient appointment at RACHs and maximise effective use of time. Admin staff also process the billing of MBS items related to GPACI services, and play a vital role <a href="#">in checking compliance with GPACI for each patient using forecasting tools</a> .
<b>Nurses and Other Visiting Providers</b>	Other doctors, nurses and Aboriginal Health Practitioners (AHPs) in your practice team may also contribute to patient care as part of a multidisciplinary team.  Nurses and AHPs play a vital role in care planning support activities, assisting with patient assessments, and delivering routine care.
<b>Care Planning Nurse Support Activities</b>	Nurses and AHPs involved in care planning collaborate with GPs to develop and implement individualised care plans for residents, addressing their unique health needs.
<b>Main Contact for GPACI Enquiries</b>	Designate a primary contact person in your practice who will handle all GPACI-related inquiries from RACHs, ensuring a streamlined communication process.
Utilising extraction tools and reports	
<b>Data extraction</b>	Familiarise your team with the extraction tools and reports available to monitor data to inform QI effectively. These tools are essential for tracking compliance with GPACI requirements and assessing patient eligibility.
Care coordination and logistics	
<b>Coordinating Care with RACHs and Patients</b>	Establish processes for collaborating with RACHs and patients to ensure continuity of care.  Develop agreements or coordination protocols that document expectations for both RACH's and your practice.  This includes creating patient registers within your software to maintain accurate records of residents.

<b>Appointment Scheduling</b>	<p><b>Focus on logistical aspects</b> for appointment scheduling. Ensure clear contact and communication arrangements specific to outreach services.</p>
	<p><b>Nominating a Primary RACH Contact:</b> Agree on a primary contact with each RACH for all appointment scheduling matters, enhancing communication and efficiency.</p>
	<p><b>Including Family Members and Carers:</b> Involve family members and carers in appointments when relevant, especially in cases where the patient has diminished decision-making capacity. Discuss telehealth and face-to-face options to accommodate their participation.</p>
<p><b>Face-to-Face and Telehealth Visits:</b> Coordinate patient appointments and visit rounds with the RACH's on-site clinical care team. Ensure clear communication of changes to care and provide updates after both planned and unplanned appointments.</p>	
<p><b>Information Exchange and Communication</b></p>	
<b>Ongoing Care and Care Planning</b>	<p>Establish mechanisms for regular information exchange about patients, using resources like the Silver Book to facilitate appointments, care planning and adjustments.</p>
<b>Coordination with Family/Carer Communications</b>	<p>Create standard communication protocols with RACHs, families, carers, and residents to ensure everyone is informed about care plans and changes.</p>
<b>My Health Record &amp; Provider Connect</b>	<p>Leverage My Health Record and Provider Connect Australia to enhance how you share information with other care team members.</p>
<b>After-Hours and Urgent Care</b>	<p>Develop contact protocols for after-hours and urgent care situations, utilizing telehealth and other mechanisms to ensure timely access to care.</p>
<b>Collaboration with Other Healthcare Members</b>	<p>Maintain open communication with all members of the healthcare team to coordinate care effectively, ensuring that patients receive comprehensive and cohesive treatment.</p>
<p><b>Billing and Compliance</b></p>	
<b>Checking Billing and Compliance:</b>	<p>Regularly review billing and compliance reports from Services Australia, Clinical Information Systems (CIS), and Health Data Management (HDM) systems to ensure adherence to <a href="#">GPACI requirements</a>.</p>

### 3.5 Reviewing your GPACI delivery approach

- There are many ways that practices can deliver care that meets the GPACI service requirements. Ideas you may like to consider include:
- Practice nurses and Aboriginal health practitioners can support the Responsible Provider to deliver a high standard of care to more patients, encouraging the efficient use of practice time and resources by coordinating visits with RACH's, developing care plans and doing workups for patients at a RACH visit.
- Other clinicians (e.g. other doctors, nurses, nurse practitioners, Aboriginal health practitioners) at the practice can deliver regular services to share the workload amongst the practice team.
- Conduct visits as 'ward rounds' with RACH clinical staff or use clinical rooms available on site to improve the coordination of care and enhance care quality.
- Discuss ideas for improvement to care processes at RACH's with your practice team, RACH's and your patients - small improvements can make a big difference to patient outcomes.
- Case conferences provide a unique opportunity to coordinate care for patients with complex health or social needs, and enable the care team to learn from each other.
- We recommend you use the [Model For Improvement](#) to explore improvement ideas and you may wish to involve your please contact [practicesupport@ddwmphn.com.au](mailto:practicesupport@ddwmphn.com.au); for further information.

## Section 4 – Maintaining QI Momentum





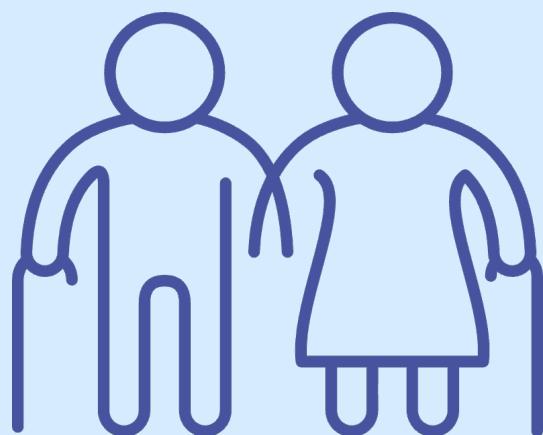
## Section 4 - Maintaining QI Momentum

Use the following checklist of change management tips to maintain your QI momentum.

### Sustainability checklist to maintain change

<b>Cyclical nature of PDSAs- Adopt, adapt, abandon</b>	<ul style="list-style-type: none"> <li>• Adopt: excellent work, embed that change.</li> <li>• Adapt: determine if a change is needed to the plan and start a new PDSA.</li> <li>• Abandon: Rethink the next PDSA</li> <li>• Lessons can be learned from PDSAs that are abandoned. Keep a record of learnings.</li> </ul>
<b>Document your improvement activity: Record your completed QI activities to meet PIP QI guidelines and CPD requirements</b>	<ul style="list-style-type: none"> <li>• Record your completion.</li> <li>• Documentation must be kept for 6 years for evidence of PIP QI if your practice is audited by the Department of Health and Aged Care.</li> <li>• Clinical Audit QI activities can be recorded and contribute to <a href="#">RACGP Measuring Outcomes CPD Activities</a>.</li> </ul>
<b>Sustaining project outcomes. Consider which practice documentation may need to be updated to include the change:</b>	<ul style="list-style-type: none"> <li>• Updates to Policy and Procedure manual.</li> <li>• Specific task procedures.</li> <li>• Local signs or instructions.</li> <li>• Staff work practices.</li> <li>• Position descriptions.</li> <li>• Staff induction.</li> <li>• Staff skills development or education.</li> </ul>
<b>Communication is key to finishing a successful project. Consider:</b>	<ul style="list-style-type: none"> <li>• QI project outcome feedback to staff.</li> <li>• Discuss project strengths and challenges.</li> <li>• Feedback to patients, where appropriate.</li> </ul>
<b>Celebrate success</b>	<ul style="list-style-type: none"> <li>• Celebrate your outcomes and achievements by sharing morning tea with your team.</li> <li>• Consider sharing your practice improvement activity efforts with your patients through practice newsletters, website or RACH's you work with. E.g. displaying 'run charts' to demonstrate change over time.</li> </ul>
<b>Review and reflect</b>	<ul style="list-style-type: none"> <li>• Discuss project strengths and challenges.</li> <li>• Annually review the PDSA outcomes to ensure activities are still being adhered to and completed</li> <li>• Annually review and audit your data related to this activity. Identify gaps, areas for improvement and set new targets if needed.</li> <li>• Where to next on your continuous QI journey?</li> <li>• Consider potential topics for a new QI activity, and how your experience with this activity can help you to be more efficient and effective</li> </ul>

## Section 5 – Best Practice Care for Older Australians





## Section 5 - Best Practice Care for Older Australians

### 5.1 Darling Downs and West Moreton PHN Resources and Tools

Darling Downs and West Moreton PHN have also produced other resources and information for general practices to support the delivery of best practice care for older people. These resources are listed below

- [General Practice in Aged Care Incentive](#)
- [Quick tips guide: registration \(PHN\)](#)
- [GPACI quick tips guide: maintenance \(PHN\)](#)
- [General Practice in Aged Care Incentive program Guidelines \(DoHAC\)](#)
- [Steps required to add the MyMedicare General Practice in Aged Care Incentive \(Services Australia\)](#)
- [Adding the MyMedicare General Practice in Aged Care Incentive \(Services Australia\)](#)
- [Learning Module \(Services Australia\)](#)
- [GPACI Fact sheet \(DoHAC\)](#)
- [GPACI FAQ - GPs and practices \(DoHAC\)](#)
- [GPACI FAQ - Aged Care residents / carers \(DoHAC\)](#)
- [FAQ - Aged Care Providers \(DoHAC\)](#)
- [GPACI information for health professionals \(Service Australia\)](#)
- [GPACI MBS User Guide \(PHN Cooperative\)](#)
- [Hints and tips to ensure you get paid correctly \(Services Australia\)](#)

### 5.2 RACGP Silver Book

The [RACGP Silver Book](#) provides a comprehensive guide to primary care for older people.

### 5.3 Darling Downs and West Moreton HealthPathways

HealthPathways are available to support best practice care in your local area, including hospital and specialist service referrals. The following HealthPathways are particularly relevant to care for older people in residential aged care

- [Darling Downs and West Moreton HealthPathways](#)

### 5.4 Department of Health and Aged Care GPACI Best Practice Resources

The Department of Health and Aged Care have produced a range of resources to support best practice care for older people, specific to the General Practice in Aged Care Incentive.

- [GP and Practices Information Kit](#)
- [Care plan contribution template](#)
- [Patient front sheet template](#)
- [Patient monitoring and tracking tool](#)
- [GPACI Incentive Payment Structure](#)

## Appendices





## Appendices

### Section Navigation – Appendices List

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[Appendix 2 - Model For Improvement and PDSA Template](#)

[2.0 Model for Improvement and Plan-Do-Study-Act Cycle](#)

[2.1 Model for Improvement Template](#)

[2.2 PDSA \(Plan-Do-Study-Act\) Template](#)

[Appendix 3 Improvement Ideas for GPACI](#)

[Appendix 4 Abbreviations](#)



Click on the  
appendix of  
interest or  
scroll through  
in the  
appendices in  
order



## Appendix 1 – Getting Ready QI Checklist

• Task	• Subtasks	• Action Notes
<input type="checkbox"/> Identify your QI change team	<ul style="list-style-type: none"> <li>Identify the lead and practice team members to drive quality improvement work (e.g. one nurse, GP [operating as a Responsible Provider], admin, Practice Manager). Consider allied health, visiting clinicians and others that may form part of the team.</li> <li>Consider the roles of the team members, and assign roles and responsibilities according to staff skill, interest and position</li> <li>Ask yourself the question, what motivates a team member to want to be part of sustaining change and making improvements? This is an important step as team members have different skill sets, interests, scope of practice and levels of authority.</li> <li>Document your team in the <a href="#">Quality Improvement Template</a> below.</li> </ul>	•
<input type="checkbox"/> Identify your ‘why’	<ul style="list-style-type: none"> <li>Document and discuss ‘why’ your team are doing this QI activity to ensure team members understand the importance and necessity.</li> <li>Use the <a href="#">Quality Improvement Template</a> below to document your problem statement.</li> </ul>	•
<input type="checkbox"/> Allocate QI team protected time	<ul style="list-style-type: none"> <li>Ensure each member of the QI team has dedicated time to perform required tasks for QI (1hr per week is a good start!).</li> </ul>	•
<input type="checkbox"/> Set up QI team meetings	<ul style="list-style-type: none"> <li>Plan frequency of planning meetings for QI team and send out appointments and a standing agenda</li> <li>Distribute minutes/action points following any meetings held and ensure staff are aware of any follow-up needed.</li> </ul>	•
<input type="checkbox"/> Setup your QI team collaboration zone	<ul style="list-style-type: none"> <li>Setup a workspace or folder/file structure for the QI team to document their work, where they can share files and collaborate on activities</li> <li>Provide access to project files and related policy and procedures</li> </ul>	•
<input type="checkbox"/> Plan communication with the wider practice team	<ul style="list-style-type: none"> <li>Identify who will need to be kept informed.</li> <li>Identify the method(s) that will be used to inform and update all staff of</li> </ul>	•

	<p>any changes as a result of the QI activity e.g. staff/Clinical/Admin/Nurse meetings, email, noticeboard, group chat.</p> <ul style="list-style-type: none"> <li>• Ensure all staff are advised of the chosen communication(s) method.</li> <li>• Provide monthly updates to all staff of ongoing changes e.g. add QI to staff/Clinical/Admin/Nurse meetings.</li> <li>• Allow staff to contribute ideas and provide opportunities for staff feedback.</li> </ul>	
<p><input type="checkbox"/> <b>Plan communication with other important stakeholders</b></p>	<ul style="list-style-type: none"> <li>• Consider the <a href="#">GPACI Stakeholder Benefits and Responsibilities</a> and consider the role that other stakeholders outside the practice team have in GPACI and what communication you may need to do to engage with them including: <ul style="list-style-type: none"> <li>◦ Residential Aged Care Homes</li> <li>◦ Patients and their carers/family</li> <li>◦ Medical Specialists and Allied Health providers</li> <li>◦ Hospital and Ambulance Services</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• </li> </ul>

## Appendix 2 – Model For Improvement and PDSA Template

### 2.0 Model for Improvement and Plan-Do-Study-Act Cycle

Start by documenting your practice QI team and define your problem and specified a robust **Problem Statement** using the [Quality Improvement Template](#). Next, consider Model for Improvement.

In the Model for Improvement, the **'Thinking Part'** focuses on the overall improvement strategy, while the **'Doing Part'** implements changes through the Plan-Do-Study-Act (PDSA) cycle. This model uses PDSA cycles to test changes, ensuring measurable and sustainable improvements. [Click here for a short video explaining the Model for Improvement and PDSA's.](#)

#### Step 1: Thinking Part - Model for Improvement

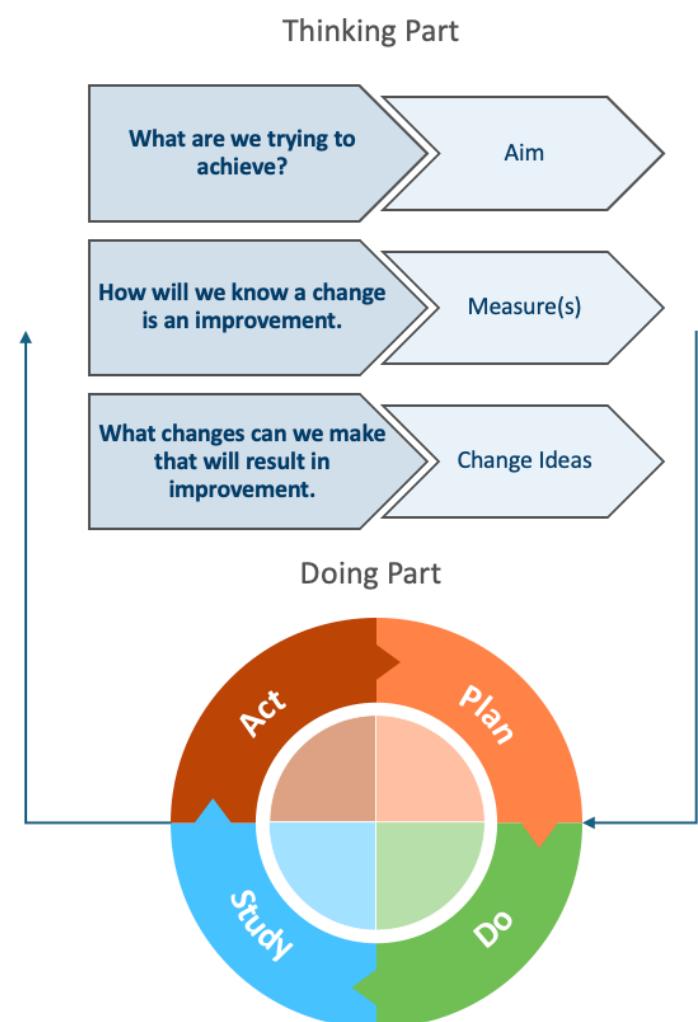
1. **AIM:** What are we trying to accomplish? Develop a S.M.A.R.T. (Specific, Measurable, Attainable, Realistic, Time-bound) and people-crafted **Aim Statement**.
2. **MEASURE:** How will we know that a change is an improvement? Identify what good looks like and develop a measure(s) of success.
3. **CHANGE IDEAS:** What changes can we make that will result in an improvement? Engage the whole team in formulating change ideas using tools such as brainstorming, driver diagrams or process mapping. Each change idea may involve multiple small rapid PDSA cycles.

#### Step 2: Doing Part - Plan-Do-Study-Act (PDSA)

1. **PLAN:** Describe the change idea (what, who, when, where). Predict outcomes and define the data to collect.
2. **DO:** Carry out the plan. Collect data. Consider what worked well and why? Document any unexpected observations, events or problems.
3. **STUDY:** Analyse results, compare them to predictions, and reflect on what you learned.
4. **ACT:** Based on what you learned from the test, consider what you will do next (e.g., adopt, adapt or abandon)? How does this inform the plan for your next PDSA?

Source: Langley, G., Nolan, K., Nolan, T., Norman, C. & Provost, L. 1996, *The Improvement Guide*, Jossey-Bass, San Francisco, USA

For guidance and support in conducting quality improvement, contact [practicesupport@ddwmphn.com.au](mailto:practicesupport@ddwmphn.com.au);



### 1.1 Quality Improvement Template

<b>Practice name:</b>	<i>Add your primary healthcare service name here</i>	<b>Date:</b>	<i>Add date of commencement here</i>
<b>QI team:</b>	<i>List the team members involved</i>		
<b>Problem:</b>	<i>Describe why this work is strategically important. What problem is the team addressing? What does our data indicate about it, and what are the causes?</i>		
<b>Problem Statement:</b>	<i>Document your succinct problem statement here</i>		

Once you have completed the QI template, move onto the **Model for Improvement** (the Thinking Part)

For guidance and support on conducting quality improvement in your primary healthcare services, please contact [practicesupport@ddwmphn.com.au](mailto:practicesupport@ddwmphn.com.au);



## 2.1 Model for Improvement Template

### Step 1: Thinking Part - Three Fundamental Questions

*Complete the Model for Improvement (MFI) as a whole team.*

<b>AIM</b>	<b>1. What are we trying to accomplish?</b>	
<p><i>By answering this question, you will develop your GOAL for improvement. It is important to establish a S.M.A.R.T (Specific, Measurable, Achievable, Relevant, Time bound) and people-crafted aim that clearly states what you are trying to achieve.</i></p>		
<b>MEASURE(S)</b>	<b>2. How will we know that a change is an improvement?</b>	
<p><i>By answering this question, you will develop the MEASURE(S) you will use to track your overarching goal. Record and track your baseline measurement to allow for later comparison.</i></p> <p><i>Tip: Use a <a href="#">Run Chart</a> to plot trends.</i></p>		
<b>Baseline:</b>		<b>Baseline date:</b>
<b>CHANGE IDEAS</b>	<b>3. What changes can we make that will result in improvement?</b>	
<p><i>By answering this question, you will develop IDEAS for change.</i></p> <p><i>Tip: Engage the whole team in formulating change ideas using <a href="#">Institute for Healthcare Improvement QI tools</a> such as brainstorming, <a href="#">driver diagrams</a> or <a href="#">process mapping</a>. Include any predictions and measure their effect quickly.</i></p>		
Idea 1		
Idea 2		
Idea 3		
Idea 4		
Idea 5	<p><i>Add other rows if needed.</i></p>	
<b>Next steps:</b>	<p><i>Each idea may involve multiple short and small PDSA cycles.</i></p>	

Once you have completed the **Model for Improvement**, shortlist your ideas and start to put them into action using the **Plan-Do-Study-Act (PDSA)** cycle to plan, test, and review changes.



## 2.2 PDSA (Plan-Do-Study-Act) Template

### Step 2: Doing Part - Plan-Do-Study-Act

Once you have completed the Model for Improvement (MFI), use the template below to document and track your PDSA cycles (i.e. small rapid tests of change).

Idea	Plan		Do	Study	Act
#	Plan the test	Prediction	Do the test on small scale	Analyse the results	Make a plan for next step
	<i>How will we run this test? Who will do it and when? What will we measure?</i>	<i>Prediction or hypothesis on what will happen.</i>	<i>Was the plan completed? Yes or No. Collect data. Consider what worked well and why? Document any unexpected observations, events or problems.</i>	<i>Analyse results, compare them to predictions, and reflect on what you learned.</i>	<i>Based on your learnings from the test, what will you do next (e.g., adopt, adapt or abandon)? How does this inform the plan for your next PDSA?</i>
<i>Change idea 1.1</i>	Specify				
	<i>Keep adding rows and cycles as needed.</i>				
<i>Change idea 1.2</i>	<i>Introduce a new change idea is required.</i>				
	<i>Keep adding rows and cycles as needed.</i>				
<b>Summary of Results</b>					

## Appendix 3 - Improvement Ideas for GPACI Quality Improvement

<b>Practice name:</b>	Bluey's Family Practice	<b>Date:</b>	4 November 2024
<b>QI team:</b>	Dr Chilli Heeler - Responsible Provider, GP Bluey Heeler - Practice Nurse Bandit Heeler - Receptionist Bingo Heeler - Practice Manager Lucky - Clinical Services Manager at New Tricks Park		
<b>Problem:</b>	<p>Bluey's Family Practice are deeply committed to providing care for their ageing community that have recently taken up residence at New Tricks Park, the local Residential Aged Care Home.</p> <p>Doreen, Mort, Bobba, Granny Gladys, Granny Janet, Madge, Chris and the Old Pug are all existing patients of the Bluey's Family Practice that have moved into New Tricks Park together to keep each other company and these new residents need ongoing primary care!</p> <p>Blueys Family Practice need to work out how they are going to organise their care delivery to meet GPACI requirements for all the new residents New Tricks Park (visiting fortnightly at a minimum), whilst keeping up with delivering care to meet the needs of their regular patients at the general practice clinic.</p>		
<b>Problem Statement:</b>	<p>Organise the practice to deliver services that meet GPACI requirements to eight existing patients of the practice that have moved into residential aged care.</p>		

## Model for Improvement

### Step 1: Thinking Part - Three Fundamental Questions

*Complete the Model for Improvement (MFI) as a whole team.*

AIM	1. What are we trying to accomplish?
	<p>By the end of the month, Bluey's Family Practice will implement a bi-weekly visiting schedule for Dr. Chilli Heeler, to provide primary care to all eight residents at New Tricks Park, ensuring 100% of visits are completed and GPACI requirements are met, while maintaining care for existing clinic patients, and assessing patient satisfaction regularly.</p> <ul style="list-style-type: none"> <li><b>Specific:</b> Bluey's Family Practice will establish a structured care delivery plan to ensure that all eight residents of New Tricks Park receive primary care from Dr. Chilli Heeler at least once every two weeks, while also maintaining adequate care for existing clinic patients.</li> <li><b>Measurable:</b> Track the visits made to New Tricks Park bi-weekly, aiming for 100% completion of scheduled visits for all residents over the next six months. Each Quarter, each resident will receive one Care Planning GPACI MBS-eligible service, and a minimum of 5 GPACI MBS-eligible Regular Visits. Additionally, monitor patient satisfaction scores from both the new residents and existing clinic patients.</li> <li><b>Achievable:</b> Coordinate with New Tricks Park to schedule visits, ensuring that Dr. Chilli Heeler, Bluey Heeler, and Bandit Heeler can effectively manage time and resources, allowing for seamless integration of care for both groups of patients.</li> <li><b>Relevant:</b> This goal aligns with the commitment of Bluey's Family Practice to provide comprehensive care to the aging community and meet GPACI requirements, ensuring that the needs of both new and existing patients are met.</li> <li><b>Time-bound:</b> Implement the care delivery plan by the end of the current month, and review progress monthly for the next six months to make any necessary adjustments based on patient feedback and care needs.</li> </ul>
MEASURE(S)	2. How will we know that a change is an improvement?
	<p><i>By answering this question, you will develop the MEASURE(S) you will use to track your overarching goal. Record and track your baseline measurement to allow for later comparison.</i></p> <p><i>Tip: Use a <a href="#">Run Chart</a> to plot trends.</i></p> <ol style="list-style-type: none"> <li>1. Registration in MyMedicare and GPACI (number of patients)</li> <li>2. Bi-Weekly Visit Log</li> <li>3. Patient Satisfaction Surveys</li> <li>4. Care Needs Assessment (completion rates)</li> <li>5. MBS billing and GPACI compliance tracking</li> <li>6. Resource Utilization Tracking (staff time)</li> </ol>
CHANGE IDEAS	3. What changes can we make that will result in improvement?
	<p><i>The following are examples of IDEAS for change. Use ideas using <a href="#">Institute for Healthcare Improvement QI tools</a> such as brainstorming, <a href="#">driver diagrams</a> or <a href="#">process mapping</a>.</i></p>
Idea 1	<p>Registration in MyMedicare and GPACI:</p> <ul style="list-style-type: none"> <li>Action: Nurse Bluey Heeler to work with Lucky - Clinical Services Manager at New Ticks Park to explain benefits of MyMedicare and coordinate completion of MyMedicare forms. Bandit Heeler (receptionist) to register each resident in GPACI, designating Dr Chilli Heeler as Responsible Provider.</li> </ul>

	<ul style="list-style-type: none"> <li>○ Measurement: Registration of all eight residents in GPACI to be actioned on 2 October 2024, allowing the full GPACI quarter from 1 October to 31 December 2024 to meet GPACI Quarter service requirements.</li> </ul>
Idea 2	<p>2. Bi-Weekly Visit Log:</p> <ul style="list-style-type: none"> <li>○ Action: Receptionist Bandit Heeler to create a summary log to record each visit to New Tricks Park to be completed by Dr Cilli Heeler, including dates, MBS services delivered, the number of residents seen, and follow-up actions required for the practice and the RACH. All clinical and service information will continue to be recorded in the practice clinic software.</li> <li>○ Measurement: Before implementing the visiting schedule, Nurse Bluey Heeler will record the number of visits made to New Tricks Park over the past month to establish a baseline. Aim for 100% completion of scheduled visits for all eight residents every two weeks.</li> </ul>
Idea 3	<p>Patient Satisfaction Surveys:</p> <ul style="list-style-type: none"> <li>○ Action: Bingo Heeler will distribute a Short Patient Satisfaction survey to both New Tricks Park residents and a sample of 20 regular clinic patients at the end of each quarter.</li> <li>○ Measurement: Conduct regular satisfaction survey for both new and existing patients every 3 months. Bingo will collate and document the responses and average scores at regular intervals. The practice team will include the scores at their monthly practice meeting and use the feedback from patients to identify and test new improvement ideas.</li> <li>○ Develop a question to use. For example- <i>Did you have an opportunity to mention all of the concerns you hoped to discuss at your most recent visit?</i> (1 = yes definitely, 2 = yes somewhat, 3 = no.). Aim for an average score of less than 2. Include an open follow up question <i>“Please provide any further information explaining why you chose this score?”</i> Ref- <a href="#">Developing Actionable Survey Questions to Improve Patient Experience - Jeffrey Millstein, Anish Agarwal, 2021</a></li> </ul>
Idea 4	<p>Care Needs Assessment:</p> <ul style="list-style-type: none"> <li>○ Action: Dr Chilli Heeler will conduct an initial Comprehensive Medicare Assessment (<a href="#">705</a> or <a href="#">707</a>) with each of the eight residents in the first month (October) of the GPACI Quarter, documenting any chronic conditions, medications, important patient goals for health/life and any specific concerns or special care requirements.</li> <li>○ Measurement: Nurse Bluey Heeler will review the records each fortnight to monitor changes in residents' health status and update their records after each fortnight's visit.</li> </ul>
Idea 5	<p>MBS billing and GPACI compliance tracking:</p> <ul style="list-style-type: none"> <li>○ Action: Bingo Heeler and Bandit Heeler will schedule MBS care items in the diaries of Dr Chilli Heeler (Responsible Provider) and Nurse Bluey Heeler in Best Practice 3 months ahead of visits.</li> <li>○ Measurement: Following RACH visits, Bandit will review the MBS billing for each resident using the GPACI tracking and forecasting tools monthly to identify any missed MBS care items, and document them. Bingo will meet with the practice QI team to review the findings, discuss the possible causes and identify improvement ideas.</li> </ul>

Idea 6	<p>Resource Utilisation Tracking:</p> <ul style="list-style-type: none"> <li>○ Action: Bingo will monitor the time spent on visits to New Tricks Park versus regular clinic patients, tracking hours worked and resources used (e.g., travel time, staff time for each member of the practice team, equipment).</li> <li>○ Measurement: Bingo will review the workload for each member of the team to ensure the practice maintains a balanced workload, with no more than a 20% increase in time spent on the aged care home visits.</li> </ul>
<b>Next steps:</b>	<i>Each idea may involve multiple short and small PDSA cycles.</i>

## Appendix 4– Abbreviations and Definitions

Abbreviation	Description
AHP	Aboriginal Health Practitioner
CAT Plus	Primary Care Analytics Tool Plus
CPD	Continuing Professional Development
CIS	Clinical Information System
DVA	Department of Veterans' Affairs
GP	General Practitioner
GPACI	General Practice in Aged Care Incentive
HPOS	Health Professional Online Services
IHI	Institute for Healthcare Improvement
MMM	Modified Monash Model
MBS	Medicare Benefits Schedule
MFI	Model for Improvement
MT	Veteran-specific DVA/MBS item prefix
VPR	Voluntary Patient Registration
NGPA	National General Practice Accreditation
NINCo	National Improvement Network Collaborative
PDSA	Plan-Do-Study-Act
PEN CS	PEN Clinical Systems
PHN	Primary Health Network
PRODA	Provider Digital Access
QI	Quality Improvement
RACGP	Royal Australian College of General Practitioners
RACH	Residential Aged Care Home
SMS	Short Message Service

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