



Primary Mental Health Program

Activity Work Plan

2021/22 – 2024/25

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1. Low intensity mental health services for Early Intervention

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 1: Low intensity mental health services

AIM OF ACTIVITY

This Activity aims to appropriately support people with, or at risk of, mild mental illness at the local level through the provision of accessible low intensity mental health services.

DESCRIPTION OF ACTIVITY

Low-intensity mental health services support people with, or at risk of, mild mental illness. Services are targeted at those with less severe mental health needs within stepped care and provide a key service platform.

The service delivery model provides access to value for money, low intensity supports including:

- evidence-based interventions providing flexible access to services regardless of referral source
- interventions offered in a variety of delivery formats (e.g. individual, group, telephone, web-based services and face-to-face)
- enhanced links to other services along the stepped care continuum to ensure people are matched to a service that meets their mental health needs
- mental health awareness raising activities

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

2. Child and Youth Mental Health Services - Headspace

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 2: Child and youth mental health services

AIM OF ACTIVITY

This Activity aims to deliver services in line with the existing headspace model. headspace centres aim to improve mental health outcomes for young people aged 12-25 years with, or at risk of, mild to moderate mental illness.

DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will maintain service delivery within headspace centers, in line with the existing headspace service delivery model. This Activity will establish improved integration of headspace centers with broader primary mental health care services; physical health services; drug and alcohol services and social and vocational support services.

The Activity provides for the continuation of funding headspace Toowoomba, Warwick and Ipswich which addresses mental health needs of children, young people and young adults aged 12- 25 by offering a range of flexible clinical and non-clinical services.

Funding for this activity includes targeted investment to address areas of high demand for services identified in West Moreton. Service delivery will be scaled up to reduce the waitlist for young people accessing clinical support from the Ipswich headspace centre. Funding will also be made available to deliver on capital improvement for the centre as per Departmental guidance increasing access and capacity of the centre.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

3. Regional Approach to Suicide Prevention

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 5: Community based suicide prevention activities

AIM OF ACTIVITY

This Activity aims to deliver community-based suicide prevention services, through a more integrated and systems-based approach in partnership with hospital and health services and other local organisations. This involves ensuring agreement within the region, including hospital and health services, about the need to support person-centred follow-up care to individuals who have self-harmed or attempted suicide, and that there is no ambiguity in the responsibility for provision of this care.

DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will deliver coordinated follow-up support for individuals who have self-harmed or attempted suicide, particularly during the transition to community care following discharge from a hospital. This will be expanded to include early intervention support for people at significant risk prior to hospitalisation as and when capacity is determined within the aftercare model.

The Activity allows partnering hospitals, GPs and stepped care providers to assess and refer people to Support Coordinators who follow-up with the person within 24 hours, working with them to develop a safety plan. This plan includes setting goals tailored to the individual which encourages them to re-engage safely in everyday life. It also reduces barriers to accessing follow-up care while tracking appointments with health and other social support services.

Support Coordinators keep in touch with people regularly, either by face to face, phone and/or email. The level of support provided is based on the needs of the individual and can vary from a one-off contact providing essential information, to multiple contacts for up to three months.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

4. Regional Approach to suicide prevention – Aboriginal and Torres Strait Islander People

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 5: Community based suicide prevention activities

AIM OF ACTIVITY

This activity aims to address regional high levels of suicide and suicide behaviour among Aboriginal and Torres Strait Islander people through encouraging and promoting a culturally sensitive and appropriate approach to suicide prevention. Community based activities include the provision of support and appropriate intervention for Aboriginal and Torres Strait Islander people after a recent suicide attempt and for people at high risk.

DESCRIPTION OF ACTIVITY

The Darling Downs and West Moreton PHN will identify and work with Aboriginal and Torres Strait Islander communities within the region that are at heightened risk of suicide to support the implementation of culturally based suicide prevention activities guided by the goals and actions of the National Aboriginal and Torres Strait Islander Suicide Prevention Strategy.

This activity has specific focus on suicide prevention, for Aboriginal and Torres Strait Islander people, delivered in an integrated manner as a combined model of service delivery with MH_IM_1.1_201922 – Aboriginal and Torres Strait Islander Mental Health Services. This is expected to increase access to culturally sensitive, integrated, mental health services for Aboriginal and Torres Strait Islander people and communities.

Specific Aboriginal and Torres Strait Islander service providers will provide culturally based, community-led initiatives to support Aboriginal and Torres Strait communities that are at high risk of suicide.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Improving the health of Aboriginal and Torres Strait Islander peoples

Providing primary mental health care

5. Headspace Demand Management and Enhancement Program

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 2: Child and youth mental health services

AIM OF ACTIVITY

The aim of this activity is to increase access for young people (aged between 12 and 25 years old) to Headspace services, reduce waiting times and improve the premises of the Headspace Centre located in the township of Warwick. This activity will also enhance the quality of experience for young people utilising the Headspace mental health services within the region.

DESCRIPTION OF ACTIVITY

This activity is designed to facilitate the relocation and expansion of the Headspace Centre in the township of Warwick, which will stimulate increased demand and improve the Centre's ability to manage the needs of the region. The Centre's enhancements will enable a broader range of services to be offered which will include the introduction of complementary health services, a dedicated telehealth facility and increased services for early intervention and school suspension programs in a more modern, comfortable environment.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

Increasing access and coordination of care

6. Psychological Therapies provided by Mental Health Professionals to Underserviced Groups

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

AIM OF ACTIVITY

The aim of this activity is to continue to provide improved accessibility for psychological therapies for people in under-serviced and/ or hard to reach populations aligned with primary mental health care guidelines.

DESCRIPTION OF ACTIVITY

The targeted demographic of this Activity focuses on vulnerable cohorts including rural communities, children, people with a disability (dual diagnosis), perinatal women, CALD and refugee groups, people at risk of homelessness, people affected by the 2019/20 bushfires and people who identify as lesbian, gay, bisexual, transgender or intersex (LGBTI) for whom stigma and lack of appropriate services may provide barriers to care.

The Activity focuses on making available psychological therapies for people represented in these cohorts who would otherwise not be eligible for MBS or other funded options. There is an integration of commissioned services with other intervention levels, allowing coordination within a stepped care approach and the provision of clinical expertise and advice for primary mental health providers and general practice maximising business capability and continuity of care in the region.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

7. Primary Mental Health Nurse Care Services for People with Severe Mental Illness

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

AIM OF ACTIVITY

This Activity aims to:

- Deliver clinical mental health nurse services to support the needs of people with severe and complex mental illness who are best managed in primary health care
- Encourage GPs and other regional providers to address the physical health and other inequities of individuals with severe mental health conditions within the region
- Promote improved integration of primary care services with community based private psychiatry services and state community managed mental health services for people with severe mental health conditions in the context of the development of the joint Regional Mental Health, Alcohol and Other Drugs plan

DESCRIPTION OF ACTIVITY

This activity involves a multi-faceted approach:

- Mental health nurses support clinical care coordination for people with severe mental health conditions, ensuring service continuity to existing clients and developing new services in areas with identified need
- Promotion of the use of a single care plan for people with severe and complex mental health conditions, to help link multiple providers and services involved in client support
- Engage with the private mental health care sector to ensure links are in place with local hospitals and psychological services to support care coordination
- Ensure referral pathways are in place to enable and support patients to seamlessly transition between services as their needs change
- Complement existing GP, psychiatrist and allied mental health professional service available through the Medicare Benefits Schedule (MBS) Better Access and other providers

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

8. Child and Youth Mental Health Services

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 2: Child and youth mental health services

AIM OF ACTIVITY

This activity aims to:

- support the broader rollout of evidence-based early intervention services for children and young people with, or at risk of, severe mental health conditions
- promote local partnerships between primary mental health care services and the education sector; and
- work with Qld Health services and other regional organisations to ensure appropriate pathways for referral and support are available for children and young people in the context of implementation of the Regional Mental Health, Alcohol and Other Drugs plan

DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will continue to develop flexible and responsive models in line with evidence-based best practice, which make use of a broader range of workforce, including vocational support, links to education, allied health providers, and case managers, as well as offering additional psychological therapy. Models will consider integrated approaches to provision of services to young people with or at risk of severe mental health conditions and comorbid substance use.

Services include wrap-around care-coordination support for children and young people with complex/severe mental health conditions. The service engages with other child and youth services and providers of education and vocational support to build opportunities for re-engagement and reduce social and familial isolation.

Psychological therapies will be delivered with the least restriction to access, particularly for early intervention and urgent and priority referrals from general practice in the primary care setting.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

Increasing access and coordination of care

9. Joint Regional Mental Health and Alcohol and Other Drug Plan

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

AIM OF ACTIVITY

This activity aims to fully develop and operationalise the comprehensive Joint Regional Mental Health and Alcohol and Other Drug Plan.

DESCRIPTION OF ACTIVITY

Joint Regional Mental Health and Other Drug Plan is a vital resource supporting the integrated delivery of mental health, suicide prevention and alcohol and other drug services and ensures continuity of care for people with mental health conditions, those impacted by suicide and alcohol and other drug use. It has been acknowledged that these presentations often co-exist and the plan reflects the need to focus on system integration.

This Activity will reflect the Fifth National Mental Health and Suicide Prevention Plan and ensure the Regional Plan is operationalised by June 2022.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY
Treating alcohol and other drug use
Providing primary mental health care
Increasing access and coordination of care
Promoting health and preventing disease

10. Psychological Treatment Services for People with Mental Illness in Residential Aged Care Facilities

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

AIM OF ACTIVITY

This Activity aims to provide services for residents in collaboration with residential aged care facilities (RACF), in a way which respects RACF roles, responsibilities and operational issues. This includes provision of appropriate referral and assessment processes to ensure services target residents with or at risk of mental health conditions.

DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will continue the provision of mental health services to deliver mental health care that complements personal care and accommodation services provided by RACFs, dementia services and broader physical health and social supports. Services are provided on location in RACFs, targeting residents with a diagnosed mental health condition or who are assessed as at risk if they do not receive support. A stepped care approach is utilised with appropriate referrals to mental health support, including time-limited psychological therapies for older people with mild to moderate mental illness and low intensity group and individual services. All services are appropriately delivered having been adjusted to ensure responsiveness to the needs of residents.

Ongoing consultation throughout this activity assists in determining the longer term mental health care delivery models for older people living in RACFs.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY
Improving the health of older Australians
Providing primary mental health care

11. Initial Assessment and Referral

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 7: Stepped care approach

AIM OF ACTIVITY

This activity aims to support General Practitioners (GPs), clinicians and relevant commissioned service providers in the primary care setting, using the stepped care model to select the least intensive level of care, for a person presenting for mental health assistance by using the Initial Assessment and Referral (IAR) tool. This will contribute to achieving nationally consistent levels of care for persons presenting with similar conditions.

DESCRIPTION OF ACTIVITY

A plan for disseminating and implementing the National IAR Guidelines locally will be developed and provided to the Department by 30 June 2022. It will define the activities that will encourage local adoption and implementation, forecasting any anticipated challenges and developing strategies to address these challenges.

The PHN will engage a full time IAR Training and Support Officer (TSO) for the 2021-22 and 2022-23 period and part-time for the period 2023-24 to 2024-25, to support GPs and clinicians in learning and implementing the IAR into clinical practice and workflow.

The TSO role will:

- Participate in 'train the trainer' training delivered by the National Project Manager to build capability and confidence in using the IAR, facilitating training and supporting GPs to implement the IAR;
- Deliver training to, build relationships with, and provide ongoing support to GPs, clinicians and relevant commissioned service providers in Adult Mental Health Centres, general practices, Aboriginal Medical Services within the PHN region;
- Deliver training to, build relationships with, and provide ongoing support to GPs and clinicians in Kids Mental Health Centres and Residential Aged Care Facilities as the IAR is adapted for specific vulnerable cohorts and as required by the Department, as well as in Local Hospital Networks/Districts as jurisdictions in your region adopt the IAR;
- Meet the GP training target and maintain records to support the GP attendance and remuneration. Payment to GPs who attend and complete the full IAR training will be made available. IAR TSOs will keep records of GP attendance throughout each training session, ensure the training is completed, and provide informal updates to the Department at monthly meetings. IAR TSOs will provide quarterly reports to the Department with details on how many GPs have been trained and remunerated and how many GPs are booked in for future training;
 - Build strong relationships across the TSO network and with other key stakeholders to explore opportunities for cross-boundary learning and collaboration
 - Meet with the Department and National Project Manager, as required, to report on training numbers for all staff trained, share enablers and discuss any barriers
 - Work with the Department to promote integration of clinical software solutions, once developed, with clinical practices and practice managers within the PHN region
 - Collect data and report on GP and other clinician training as detailed in the Program Guidance for Primary Health Network Initial Assessment and Referral Training and Support Officers
 - Maintain a record of Frequently Asked Questions, hosted on the PHN SharePoint, and support continuous improvement to education and training

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY
Providing primary mental health care

12. Head to Health Adult Mental Health Centres and Satellites

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Other

AIM OF ACTIVITY

The aim of this activity is to establish and operate two Head to Health Adult Mental Health Services in the locations of Ipswich and Kingaroy. The Ipswich site will be established as a Centre, and the Kingaroy site will be established as a Satellite service.

DESCRIPTION OF ACTIVITY

The Ipswich and Kingaroy Head to Health Adult Mental Health services will provide the following core service elements:

- respond to people experiencing crisis or in significant distress
- provide a central point to connect people to other services in the region, including offering information and advice about mental health, service navigation and referral pathways for individuals and their carers and family
- provide in-house assessment using the Intake, Assessment and Referral (IAR) decisional support tool to connect people with the most appropriate services
- provide evidence-based and evidence-informed immediate and short to medium term episodes of care, including utilisation of digital mental health platforms

In the establishment of these two sites, our PHN will ensure:

- collaboration with the Darling Downs and West Moreton Hospital and Health Services to develop protocols for appropriate care integration and seamless transfer of patients when needed
- close liaison with key primary care services, public and private hospitals, General Practitioner clinics, Aboriginal Community Controlled Health Services and non-Government and community organisations including consumer and carer representative groups or lived experience representatives
- integration with the national Head to Health intake and assessment phone service

It is understood that the established Centres will adopt the national branding, data collection and reporting requirements provided by the Department and work with the commissioned lead agency on relevant matters including service delivery, data, communications and branding.

Funding will also provide for activities such as commission leasing of premises, fit out and set up of the two Centre's premises.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

COLLABORATION

In acknowledgement of the need for Head to Health to be strongly embedded in local communities and service systems, our PHN will undertake robust consultation and co-design processes across the following three stages:

- Phase 1 - Initial Co-Design to inform tender
- Phase 2 - Co-Design with selected provider/s through service development and establishment
- Phase 3 - Ongoing Co-Design to inform service delivery (Consumer/Community Reference Group)

Primarily, these co-design phases will be undertaken as separate processes relating to the Ipswich Head to Health Centre and Kingaroy Head to Health Satellite, and will provide learnings crucial for the integration with the Phone Service. Alongside this process, we will also be inviting Co-Design panel members, excluding service providers, to express their interest in sitting on our Tender Selection Panel.

Following the tender and selection of preferred service provider/s for our Head to Health services, it is planned that the Co-Design Panels will re-convened to continue service development planning with the selected lead agencies, as indicated in phase 2. Community Advisory Groups are also required to fulfill ongoing Co-Design processes as per phase 3. Additionally, our intended Head to Health Network governance structure sees lived experience included at the executive and project working group levels.

13. Head to Health Intake and Assessment Phone Service

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 7: Stepped care approach

AIM OF ACTIVITY

The aim of this activity is to establish and operate an Intake and Assessment Phone Service as an entry point for accessing mental health services for the Darling Downs and West Moreton region from 1 July, 2022.

DESCRIPTION OF ACTIVITY

The PHN will engage a lead agency to operate the service within the funding provided for this activity and in accordance with the service model and guidance documents provided by the Department.

The Intake and Assessment Phone Service will include the following core service elements:

- operate under the single national phone number specified in the service model (1800 595 212);
- provide a central point to connect people to other services in our region, including offering information and advice about mental health and alcohol and other drug use
- provide a holistic assessment of needs delivered by a trained professional using the Commonwealth's Initial Assessment and Referral (IAR) tool
- connect people seamlessly to the most appropriate local service to meet their identified needs; and
- collect and report data to the PMHC MDS, in accordance with the national service model for the intake and assessment phone service

It is understood that the Head to Health Intake and Assessment Phone Service will adopt the national branding, data collection and reporting requirements as directed by the Department and work with the commissioned lead agency on relevant matters including service delivery, data, communications and branding.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

14. Mental health support for Australians affected by Floods

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Other

AIM OF ACTIVITY

The aim of this activity is to increase the provision of mental health services to meet the short and medium-long term needs arising from the trauma and loss associated with the 2022 South East Queensland Flood events.

DESCRIPTION OF ACTIVITY

The following activities will be provided to support the mental health of communities in our region affected by 2022 floods:

- Psychological Therapies – boost the availability of psychological therapies delivered by local service providers for people affected by floods based on need
- Wellbeing and Resilience Grants – support the commissioning of small community grants that fund activities that help mental health and healing following the floods and allow communities to actively participate in their recovery
- Headspace Services – assist with managing increased demand at specified Headspace Services in areas significantly impacted by floods to ensure support for young people aged 12 to 25

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Providing primary mental health care

15. Targeted Regional Initiatives for Suicide Prevention

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health

AIM OF ACTIVITY

This activity aims to adopt a community-led and systems-based approach to suicide prevention targeting populations identified at risk of suicide or suicidal distress.

DESCRIPTION OF ACTIVITY

Our PHN will work with the Department and key stakeholders to:

- improve care coordination and service pathways for people at risk of or bereaved by suicide;
- commission and/or adapt services, activities and training packages for at-risk cohorts in the community to identify and respond early to distress;
- in partnership with community leaders and people with lived experience, commission services that offer support via multiple channels including online, telephone, videoconference and face to face to meet community needs;
- build the capacity and capability of the local workforce to respond to suicide and distress and link people with appropriate supports and services;
- commission peer support and mentorship programs for people at risk or impacted by suicide;
- submit data on activities to the Primary Mental Health Care Minimum Data Set;
- undertake data analytics and research using data in the Suicide and Self Harm Monitoring System and make the analysis available for use by planners and service providers.

Our PHN will engage a Suicide Prevention Regional Response Coordinator who will take primary responsibility for engagement, coordination and integration of early intervention and suicide prevention activities across regional stakeholders and service providers. This may include establishing governance groups, developing local action plans and establishing suicide response protocols.

The Suicide Prevention Regional Response Coordinator will:

- be a key contact for the National Aboriginal Community Controlled Health Organisation's Culture Care Connect Program, which is a first of its kind Aboriginal and Torres Strait Islander community-controlled approach to suicide prevention service coordination, aftercare services and training in alignment with the National Agreement on Closing the Gap;
- engage with the Suicide Prevention Network and community of practice events, and participate in the suicide prevention capacity building program, which provides expert research, evidence, and implementation support to communities across Australia.

NEEDS ASSESSMENT PRIORITIES

Live Health Needs Assessment 2022-24.

Needs assessment priority
Primary Mental Health Care

Consultation

The following key stakeholder groups will be engaged and consulted during the activity:

- PHN Clinical Council
- Consumer Groups
- Local Networks
- GP / Health Service Provider Advisory Groups.

16. Aboriginal and Torres Strait Islander People Mental Health Services

ACTIVITY PRIORITIES AND DESCRIPTION

PROGRAM KEY PRIORITY AREA

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

AIM OF ACTIVITY

This Activity aims to:

- Establish linkages between commissioned and existing services to facilitate an integrated approach to the provision of mental health services for Aboriginal and Torres Strait Islander people. This includes social and emotional wellbeing, suicide prevention and alcohol and other drug services to enhance and better integrate mental health services
- Support providers to develop and maintain culturally appropriate and safe services that holistically meet the needs of clients and their families
- Ensure referral pathways are in place to enable and support clients to seamlessly transition between services as their needs change
- Improve access to culturally appropriate services.

DESCRIPTION OF ACTIVITY

This Activity provides a continuum of primary mental health services for Aboriginal and Torres Strait Islander people within a person-centred, stepped care approach providing a range of services to meet local needs. This includes access to services for low intensity interventions, hard to reach populations, severe mental health conditions, child and youth, and suicide prevention ensuring commissioning includes providers of social and emotional wellbeing, suicide prevention and alcohol and other drug services.

Service models holistically meet the needs of each patient, including providing support for affected families and communities through implementing team-based approaches within local communities to deliver efficient and coordinated mental health services.

Service provision includes working with headspace, which has a focus on supporting its centres to engage locally with Aboriginal and Torres Strait Islander communities and young people to improve access, strengthen partnerships and assist with engagement in local communities.

NEEDS ASSESSMENT PRIORITY

Darling Downs and West Moreton Live Health Needs Assessment 2022/24.

NEEDS ASSESSMENT PRIORITY

Improving the health of Aboriginal and Torres Strait Islander peoples

