

# West Moreton GP Contacts for Mental Health Services

## Acute Care Team (ACT) - 1300 MH CALL

24/7 entry point for all referrals to West Moreton Mental Health (MH) services.

For acute emergency MH responses, call **000**

Other MH crisis and referrals: **1300 642 255**

\*Email: [WM\\_MHSS\\_ACT@health.qld.gov.au](mailto:WM_MHSS_ACT@health.qld.gov.au)

Fax: **3413 7940**

## Medicare Mental Health Centre

In person support, care coordination and peer support. Accepts self-referral, walk-in and GP referrals.

Phone: **3802 6000**

Walk-in: **25 Nicholas St, Ipswich**

## Headspace

Mild-moderate youth MH early intervention (age 12-25).

Phone: **1800 650 890**

Ipswich: **3280 7900**

## Child & Youth MH Services (CYMHS)

Severe and complex MH cases, age 0-18.  
*For GP enquires & referrals,*

Phone: **3817 2360** or

\*Email:

[WM\\_MHSS\\_CYMHS@health.qld.gov.au](mailto:WM_MHSS_CYMHS@health.qld.gov.au)

## Eating Disorder Specialty Service (EDSS)

Provides assessment & treatment to patients. Consultation & education to GPs.  
*For GP enquires & referrals,*

Phone: **3813 6258** or

\*Email:

[WM\\_MHSS\\_CAS\\_EDSS@health.qld.gov.au](mailto:WM_MHSS_CAS_EDSS@health.qld.gov.au)

## Alcohol and Other Drugs Service (AODS)

Self referral preferred (patients to call).  
*GP referral also welcome.*

Phone: **3817 2400** Fax: **3817 2355**

## PHN Funded Services

Visit the WM PHN Services Library to find the latest PHN funded MH services.

## Clinical Advice for Health Professionals

### GP Psychiatry Support Line

Phone: **1800 161 718**

### Alcohol and Drug Clinical Advisory Service (ADCAS)

8AM-11PM daily on-call addiction specialist clinical advice on management of patients with alcohol and other drug concerns.

Phone: **1800 290 928**

## Suicide Prevention and Crisis Lines

### LifeLine Crisis Support

24/7 crisis support and suicide prevention.

Phone: **131 114** Text: **0477 131 114**

### Beyond Blue

24/7 counselling via phone, chat and email.

Phone: **1300 224 636**

### Suicide Call Back Service

24/7 counselling for people affected by suicide.

Phone: **1300 659 467**

### StandBy – Postvention Service

6am-10pm, 7 days a week support for anyone impacted by suicide.

Phone: **1300 727 247**

Please see West Moreton Health Pathways for all MH conditions and referral pathways.

Click [HERE](#)



Login:

Username: **wmuser**

Password: **wmpassword**

## Patient self-referral services

### Medicare MH Phone Service

National service helps navigate MH services.

Phone: **1800 595 212**

### ADIS

24/7 Alcohol and Drug support & service navigation; online resources, SMS support, webchat & phone counselling.

Phone: **1800 177 833**

### Kids Helpline

24/7 counselling for young people (ages 5-25).

Phone: **1800 551 800**

### MensLine Australia

24/7 for men with MH relationship concerns.

Phone: **1300 789 978**

### Open Arms - for Veterans

24/7 support for veterans & their families

Phone: **1800 011 046**

Walk-In: **10 Brisbane St, Ipswich**

### Multicultural Connect Line

9am-4:30pm, Monday - Friday.

Phone: **1300 079 020**

### QLife

3pm-midnight peer support for LGBTIQA+SB

Phone: **1800 184 527**

## Aboriginal and Torres Strait Islander

### 13 Yarn

24/7 crisis line for First Nations people.

Phone: **139 276**

### Kambu Ipswich

Phone: **3810 3000**

### Staying Deadly Hub

MH support (age ≥ 15).

Phone: **3648 9560**