

TALK ABOUT

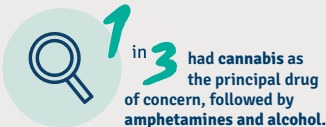
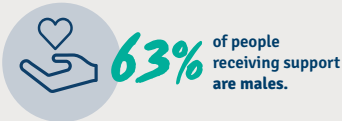
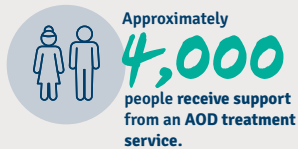
LET'S 'TALK ABOUT'...

'TALK ABOUT' is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

We want to 'talk about' what you think is working well and what you think could be done better. Throughout 2020, we have 4 topics for you to give feedback on. From 19 October until 27 November, let's 'talk about':

ALCOHOL AND OTHER DRUGS

Here's some interesting facts about Alcohol and Other Drugs (AOD) use in our region:



Compared to other areas of Australia, our region had higher rates of people seeking support for their use of opioids, typically prescribed for chronic pain.

[CLICK HERE TO COMPLETE OUR 5 MINUTE SURVEY:
DDWMPHN.COM.AU/TALK-ABOUT](https://ddwmpnhn.com.au/talk-about)

WE LOOK FORWARD TO SHARING OUR 2021 'TALK ABOUT' TOPICS WITH YOU SOON...STAY TUNED!

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'WHAT WE HEARD'...

'TALK ABOUT' is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

From 19 October until 27 November, we asked you to 'talk about' what you think about health services providing ALCOHOL AND OTHER DRUGS in our region. This is WHAT WE HEARD...

We received responses from...



41
carers and
community
members



30
health
professionals


Overall, you gave your experience with health services for **ALCOHOL AND OTHER DRUGS** in our region a score of **5.1 out of 10**.

WHAT YOU THOUGHT WORKED WELL



 You mentioned you most liked services that...

- engage and listen to you,
- help you make choices and decisions about your care and support,
- show respect and keep an open mind,
- do not judge or criticise, and
- encourage and motivate you.

 What you liked about these services was their...

- quality care,
- timely response to enquiries and prompt appointments, and
- positive attitude to your care and support.

WHAT YOU THOUGHT COULD BE DONE BETTER



 You would like to see...

- more workers with specific training, including social workers and clinicians,
- services closer to home, such as visiting professionals or via telehealth,
- longer-term support such as post-rehabilitation, and
- more services available after hours.

 You also would like to see...

- prevention strategies for young people,
- innovative approaches to supporting people with multiple support needs, and
- support in other aspects of your life that will improve your health and wellbeing, such as nutrition, exercise, finances and housing.

THANK YOU TO EVERYONE WHO CONTRIBUTED TO TALK ABOUT IN 2020! TALK ABOUT WILL BE BACK IN 2021 WITH ANOTHER 4 TOPICS!