

# TALK ABOUT

## LET'S TALK ABOUT...

TALK ABOUT is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

We want to TALK ABOUT what you think is working well and what you think could be done better. Throughout 2021, we have 4 topics for you to give feedback on. From 27 April until 6 June, let's TALK ABOUT...

### CHRONIC DISEASE AND LONG-TERM CONDITIONS

#### DID YOU KNOW?

2 out of every 5

people in our region have a long-term health condition. Otherwise known as a chronic disease.



#### COMMON CHRONIC DISEASES IN OUR REGION ARE:



**Cardiovascular disease**  
such as heart failure and hypertension



**Musculoskeletal condition**  
such as arthritis and osteoporosis



**Respiratory condition**  
such as asthma and chronic obstructive pulmonary disease

Chronic diseases can range from mild to potentially life-threatening conditions. There are many types of chronic disease that affect people in our region. Others include diabetes, kidney disease, cancer and mental health. **TELL US ABOUT YOURS...**

CLICK HERE TO COMPLETE OUR SHORT SURVEY

[ddwmpnh.com.au/talk-about](http://ddwmpnh.com.au/talk-about)

THE NEXT TOPIC TO TALK ABOUT WILL BE ANNOUNCED IN JULY 2021

# TALK ABOUT

## WHAT WE HEARD

TALK ABOUT is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

From 26 April until 6 June 2021, we asked you to 'talk about' what you think about **CHRONIC DISEASE** and managing a long-term health condition in our region.

This is WHAT WE HEARD...

#### We received responses from...



76 community members



30 health professionals

Overall, you gave your experience with **MANAGING A LONG-TERM HEALTH CONDITION** in our region a score of **4.9 out of 10**.



47 community members were also consulted through Kitchen Table events.

#### What you thought worked well



##### You mentioned you most liked services that...

- are non-judgemental and caring,
- understand your condition and are informed about treatments and therapies that can help,
- promote your overall health and wellbeing, and
- help you access affordable services and medications.

##### What you liked about these services was their...

- open communication with you,
- support to help you access specialist and allied health professional appointments, and
- information and advice about medication and disease-related complications, to help you make decisions about your care.

#### What you thought could be done better



##### You would like to see...

- better promotion and awareness of available services in the local area,
- more services and health professionals available through telehealth, and
- more information and communication between health professionals about your care and the strategies to assist you.

##### You also would like to see...

- longer consultation times to help you to discuss and understand the plan for your care,
- more opportunities to talk to people with lived experience of your condition,
- services and professionals who are responsive and provide follow-up, and
- more assistance to improve other aspects of your life and wellbeing, such as transport, home care and respite.

Thank you to everyone who contributed to our survey! We look forward to hearing from you on our next topics.