

# Supporting Residential Aged Care Homes



## Primary Care Connection

- Linking Residential Aged Care Homes (RACHs) with GPs, Nurse Practitioners and allied health professionals to improve access to regular and proactive primary care.
- Supporting residential aged care homes with COVID-19 vaccinations



## After Hours Support

- Providing robust after-hours support systems and processes for urgent care needs with the aim to reduce avoidable hospital admissions and improve health outcomes.
- Ensuring continuity of care outside regular business hours.



## Palliative Care

- Commissioning specialist palliative support and hospital substitution for older people who live in RACHs (West Moreton region).
- Provide support to RACHs, residents, carers and families to strengthen their understanding around the importance of Advance Care Planning. This includes additional guidance to help them prepare for and engage early in meaningful conversations about end-of-life care, death and dying.



## Pharmacist On-site

- Support, information and education to understand the Aged Care On-site Pharmacist measure and its benefits.
- Identifying eligible pharmacists that can connect with residential aged care homes.
- Facilitating connections with eligible pharmacists to work on-site, improving medication safety and resident care.



## Psychological Therapies

- Commission mental health providers to deliver low to moderate intensity supports to help improve residents' mental health and well-being.
- Sessions are delivered via groups or individually



## Professional Development

- Providing education and training sessions for aged care clinical and non-clinical workforce, allied health and GPs.
- Hosting Primary Care events and symposiums to provide evidence-based information and practical insights to enhance person-centred care.
- Building partnerships between RACHs and education providers offering professional development courses.
- Providing health updates and alerts through our website and newsletters.
- GPs in a Pod - our PHN's podcast series discussing the latest clinical topics e.g. older person's health, chronic conditions.



## Dementia

- Project Echo – an online series to improve awareness, access to information and community connections for people living with dementia and for those supporting people with a diagnosis of dementia.
- Collaborative platform for knowledge sharing and learning designed to create a 'learning loop' between health professionals to increase knowledge and access to healthcare in local communities.



## Digital health and telehealth uplift

- Help bring care closer to home by implementing digital health tools to support efficient resident care i.e. The Viewer, eNRMIC.
- Connect with the My Health Record system to streamline information sharing between healthcare providers involved in residents' care.
- Help aged care home staff make the most of telehealth by bringing care closer to home.



## Service/Provider Connection

- Connecting you to local, private or public services that are appropriate for your resident's needs.
- Linking and support to use the our Darling Downs or West Moreton HealthPathways Portal.

## The Strengthened Aged Care Quality Standards

Our programs will help your aged care home meet the following standards:

### Standard 1: The individual



### Standard 2: The organisation



### Standard 3: The care and services



### Standard 4: The Clinical Care



Please reach out if your RACH would like assistance with any of these programs.

Contact: Darling Downs and West Moreton PHN – Aged Care Team - Phone: 07 4615 0900 - Email: [agedcaresupport@ddwmpnh.com.au](mailto:agedcaresupport@ddwmpnh.com.au) - Visit: [ddwmpnh.com.au/aged-care](https://ddwmpnh.com.au/aged-care)