



West Moreton Health

Positive Parenting Program (Triple P)

A program offered to assist parents to recognise common causes of child behaviour problems and to provide parents with strategies to manage behavioural issues.

By appointment only

Phone: 3817 2340

Hearing Clinics

Available for Children 4 -18yr
(older age group while attending school)

By appointment only

Phone: 3817 2324

Early Intervention Parenting Specialists provide:

1. Individual and Group Therapy

2. Post Natal Depression Therapy Group

An eight-week program for women experiencing mood difficulties in the first 12 months following the birth of their baby

3. Circle of Security Parenting Program

An eight-week program focusing on developing and enhancing secure parent and child relationship

By appointment only

Contact Central Intake: 1800 607 030

Immunisations

Ipswich City Council Service

T: (07) 3810 6666

Contact Us

Ipswich Health Plaza

21 Bell Street, Ipswich 4305

T: (07) 3817 2340

Opening Hours-8:30am-5:00pm

Goodna Community Health Centre

81 Queen Street, Goodna 4300

T: (07) 3818 4800

Opening Hours-8:30am-5:00pm

Central Intake Unit 1800 607 030

For all general enquiries/ bookings/ cancellations

Website

www.health.qld.gov.au/westmoreton

Facebook

www.facebook.com/pages/West-Moreton-Hospital-and-Health-Service/39011887692956

Twitter

Child Health Services

For all babies and children up to 12 years old.

If your baby or child is unwell please see your GP

➤ Interpreter if required

What do you get:

- weigh and measure for growth
- healthy feeding (breast and bottle) and eating
- sleep and behavior information
- parent support
- immunisations (vaccinations) information
- child hearing checks by appointment
- appointments available for longer consults



Phone: (07) 3817 2340 – Child Health Service

1800 607 030 – Central Intake



Caring Better Together



Queensland
Government

Drop-in Clinics No appointment required

Brief consultation with a Child Health Nurse.

- Growth and development
- Infant feeding and nutrition
- Sleep and settling
- Opportunity to meet other parents
- Information regarding other services
- Self-weigh baby scales available at Ipswich & Goodna Child Health clinics

Ipswich Health Plaza

21 Bell Street, Ipswich 4305

T: (07) 3817 2340

Monday, Tuesday- 8:30am – 11:30am

Wednesday- 1:00pm – 3:30pm

Goodna Community Health Centre

81 Queen Street, Goodna 4300

T: (07) 3818 4800

Tuesday 8:30 – 11:30 & Lactation 1:00-3:30pm

Friday 8:30am – 11:30am

Ripley Child Health

Providence Community Centre

Cnr Providence Parade and Amity way

South Ripley 4306

Thursday 9:00am -11:30am

Minka Place – Town Centre

Main Street Ripley 4306

Tuesday 1:00pm – 3:00 pm

Springfield Lakes Child Health

Community Centre, 63 Springfield Lake

Boulevard, Springfield Lakes 4300

Monday 9:00am – 11:30am

Gatton Child Health (Gatton Hospital)97-103

William Street, Gatton 4343. Thursday 9:00am – 11:30am (Drop In).

Immunisations by appt 9:00 – 2:30pm (booking required, call 1800607030.

Baby Clinics Drop in Continued

Laidley CH 2nd & 4th Thursday From 9.30am

Laidley State School, 232 Patrick Street

Laidley 4341 (In school term only)

Baby Clinics Appointment only

PH: 1800607030

Laidley Child Health 1st & 3rd & 5th Thursday

Laidley Hospital, William Street. From 9:30am -

Appointment only

Boonah Child Health- Boonah Hospital

Cnr Highbury and Leonard Street, Boonah

1st and 3rd Thursday of each month.

From 0930- appointment only

Esk Child Health

Esk Hospital, 30 Highland Street, Esk 4312

2nd & 4th Tuesday of the month

From 9:30am -appointment only

Fernbrooke State School

8 Regents Drive Redbank Plains 4301

2nd Monday of the month (in school term only)

From 8:30 – appointment only

Lowood Child Health

Community Centre, 1 Peace Street, Lowood

4311 on the 2nd & 4th Thursday of the month

9:30am – appointment

Fernvale Child Health

Fernvale State School, 1605 Brisbane Valley

Highway, Fernvale 4306 (In school term only)

1st & 3rd, Thursday of the month

From 9:15am – appointment only

Springfield Lakes Child Health

1st Monday of the month 0900 appointment only

Riverview Child Health

Riverview Primary School

131 Old Ipswich Road Riverview 4303

1st Monday of the month (in school term only)

From 8:30 – appointment only

Infant Feeding- breast/bottle fed Clinics**Ipswich Health Plaza**

21 Bell Street, Ipswich 4305

T: (07) 3817 2340

Monday & Friday

8:30am – 11:00am

Wednesday – 1:00 – 3:30 pm No appt required

Goodna Community Health

81 Queen Street, Goodna 4300

T: (07) 3818 4800

Tuesday 8:30am –11:00am & 1:00pm –3:30 pm

Friday 8:30am – 11:00am No appt required

Groups**Fourth Trimester**

A five-week education program for parents with their new babies – Booking required

Sleep Talk- (bookings necessary)

Infant sleep and settling information for

0 – 12 months located at:

Ipswich Health Plaza (**bookings necessary**)

Monday 11.30am 1st and 3rd of the month

Goodna Community Health (**bookings necessary**)

Fridays 11:30am 2nd and 4th of the month

Other appointments (bookings necessary)

Longer Appointments available at Ipswich and Goodna and Ripley Centres