

# TALK ABOUT

## WHAT WE HEARD

TALK ABOUT is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

From 26 July until 6 September 2023 you talked about the experiences of **YOUNG PEOPLE AND THEIR HEALTH** within our region.

### We received responses from...



respondents identified as an Aboriginal and/or Torres Strait Islander person



respondents live with a disability



respondents identifies as LGBTIQ+

### This is WHAT WE HEARD...

Overall, you rate your **HEALTH EXPERIENCES AS A YOUNG PERSON** with a score of **7 OUT OF 10**.

#### What you thought worked well



##### You mentioned:

- help is accessible through family, friends, and health services like general practitioners
- there is good information on health issues important to you, like mental health, sexual health, healthy weight, skin health, and substance use.

##### You value services for their...

- supportive environment, such as to help you with any feelings of embarrassment in talking about your health
- privacy and confidentiality, such as when family members also attend the same services.

#### What you thought could be done better



##### You would like to see...

- easier ways to find the care you need and make an appointment
- more encouragement to focus on preventative healthcare
- more services being open-minded and non-judgemental, to reduce stigma and to make you feel comfortable to talk about your health.

##### You also suggested...

- better access near transport
- reduced costs and wait times
- more assurances about whether your appointment and health can be kept private and confidential to you
- more services that focus holistically, such as connected to your school.

All consultation findings from our online survey and Kitchen Table Discussions will be distributed to external key stakeholders and inform future Primary Health Network decision making, targeted service delivery of programs and provide important updated information for our region's Health Needs Assessment.

Thank you to everyone who contributed to our survey! We look forward to hearing from you on our future topics.