



# Alcohol and Other Drugs

Activity Work Plan 2025/26 – 2027/28



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# Outclient Treatment Services – Aboriginal and Torres Strait Islander People

## ACTIVITY PRIORITIES AND DESCRIPTION

### PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

### AIM OF ACTIVITY

This activity aims to provide access to appropriate outclient treatment services management for Aboriginal and Torres Strait Islander people through increased service provider capacity in the West Moreton, Southern downs and Toowoomba regions.

### DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will continue to commission local ACCHOs and alcohol and other drug treatment organisations to provide culturally appropriate outclient treatment service types, increasing the accessibility and capacity of these organisations.

Our PHN will support Aboriginal Medical Services (AMS) and ACCHOs to deliver high quality services that meet the needs of Aboriginal and Torres strait islander people and their communities. These funding opportunities are aimed at increasing capacity to deliver services through an extension of existing services, where possible the establishment of new service locations, or the provision of outreach services.

Referrals are made into these services via Hospital and Health Services, General Practice, Probation & Parole, Child Safety, NGOs and self-referral. Where appropriate, clients are transitioned into residential rehabilitation and withdrawal management services. In addition, clients may be referred from residential rehabilitation and withdrawal management services into these outclient services as part of relapse prevention community care.

## NEEDS ASSESSMENT PRIORITY

Joint Regional Needs Assessments undertaken with West Moreton Health and Darling Downs Health 2025/26-2027/28.

| NEEDS ASSESSMENT PRIORITY                    | Identified Need                             |
|----------------------------------------------|---------------------------------------------|
| Aboriginal and Torres Strait Islander people | Priority populations                        |
| Minimisation of harm from alcohol and drugs  | Mental health and problematic substance use |

# Outclient Treatment Services

## ACTIVITY PRIORITIES AND DESCRIPTION

### PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

### AIM OF ACTIVITY

This Activity aims to provide access to appropriate alcohol and other drug outclient treatment services through increased service provider capacity.

### DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN will continue to commission local alcohol and other drug treatment organisations to provide outclient treatment service types, increasing the accessibility and capacity of these organisations. As identified in the NGO AOD Services report prepared by QNADA, outclient treatment services required in the Darling Downs and West Moreton region include:

- non-residential day stay rehabilitation services
- relapse prevention – aftercare/follow-up services;
- case management; and
- counselling.

The PHN will continue the commissioning of organisations experienced in delivering evidence-based alcohol and other drug treatment services under this activity. These funding opportunities are aimed at increasing capacity to deliver services through an extension of existing services, the establishment of a new service location, or the provision of outreach services.

Referrals are made into these services via HHSs, general practice, Probation and Parole, Child Safety, NGOs and self-referral. Where appropriate clients are transitioned into residential rehabilitation and withdrawal management services. In addition, clients may be referred from residential rehabilitation and withdrawal management services into these outclient services as part of relapse prevention community care.

## NEEDS ASSESSMENT PRIORITY

Joint Regional Needs Assessments undertaken with West Moreton Health and Darling Downs Health 2025/26-2027/28.

| NEEDS ASSESSMENT PRIORITY                   | Identified Need                             |
|---------------------------------------------|---------------------------------------------|
| Minimisation of harm from alcohol and drugs | Mental health and problematic substance use |

# System Capability and Integration

## PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

### AIM OF ACTIVITY

This Activity aims to support the alcohol and other drug treatment sector and primary health care professionals in workforce development, education, quality improvement and service integration, and continue to identify health and service needs across the region.

### DESCRIPTION OF ACTIVITY

This activity enables alignment of activities with our priorities for increasing service delivery capacity and improving integration of treatment services. The networks created under the NIAS funding will be strengthened to provide governance, and advice on system integration and workforce development.

The Darling Downs and West Moreton PHN will continue to consult with stakeholders in planning and commissioning alcohol and other drug treatment services. The PHN will also work collaboratively with all key stakeholders across the spectrum of alcohol and other drug services seeking opportunities to create partnerships and linkages to services for those at risk in the community.

## NEEDS ASSESSMENT PRIORITY

Joint Regional Needs Assessments undertaken with West Moreton Health and Darling Downs Health 2025/26-2027/28.

| NEEDS ASSESSMENT PRIORITY                                                         | Identified Need                             |
|-----------------------------------------------------------------------------------|---------------------------------------------|
| Minimisation of harm from alcohol and drugs                                       | Mental health and problematic substance use |
| Address health workforce shortages and improve workforce capability and stability | Enablers                                    |

# Residential Drug and Alcohol Rehabilitation Treatment Services

## ACTIVITY PRIORITIES AND DESCRIPTION

### PROGRAM KEY PRIORITY AREA

Alcohol and Other Drugs

### AIM OF ACTIVITY

This Activity aims to increase access to residential alcohol and other drug rehabilitation treatment services for people with identified need.

### DESCRIPTION OF ACTIVITY

Darling Downs and West Moreton PHN (the PHN) will continue to commission local residential alcohol and other drug rehabilitation providers increasing the accessibility and capacity of these services.

Queensland Network of Alcohol and other Drug Agencies (QNADA) NGO AOD Services Report for the Darling Downs and West Moreton region, and the Darling Downs and West Moreton PHN Health Needs Assessment (HNA), illustrates that there are limited residential services, non-residential services and other alcohol and other drug treatment services such as brief intervention and counselling available in the PHN region.

To address this identified need, the PHN has commissioned local service providers to extend current residential alcohol and other drug rehabilitation services through the employment of additional staff and increased resources. In ensuring ability of service providers to meet identified need, applications are assessed against the priority areas identified in the HNA, available workforce, external relationships, service planning and outcomes, treatment service to individuals, evidence-based practice, sustainability, avoidance of duplication and value for money. Referrals are made to these services via local Hospital and Health Services (HHS), general practice, non-government organisations (NGO) and self-referral. Clients are provided aftercare/relapse prevention support for a period of twelve months post discharge, including assistance with employment, housing and education.

## NEEDS ASSESSMENT PRIORITY

Joint Regional Needs Assessments undertaken with West Moreton Health and Darling Downs Health 2025/26-2027/28.

| NEEDS ASSESSMENT PRIORITY                   | Identified Need                             |
|---------------------------------------------|---------------------------------------------|
| Minimisation of harm from alcohol and drugs | Mental health and problematic substance use |



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