

# INFORMATION PACK



Free non-clinical interactive

# Palliative Care Online Training



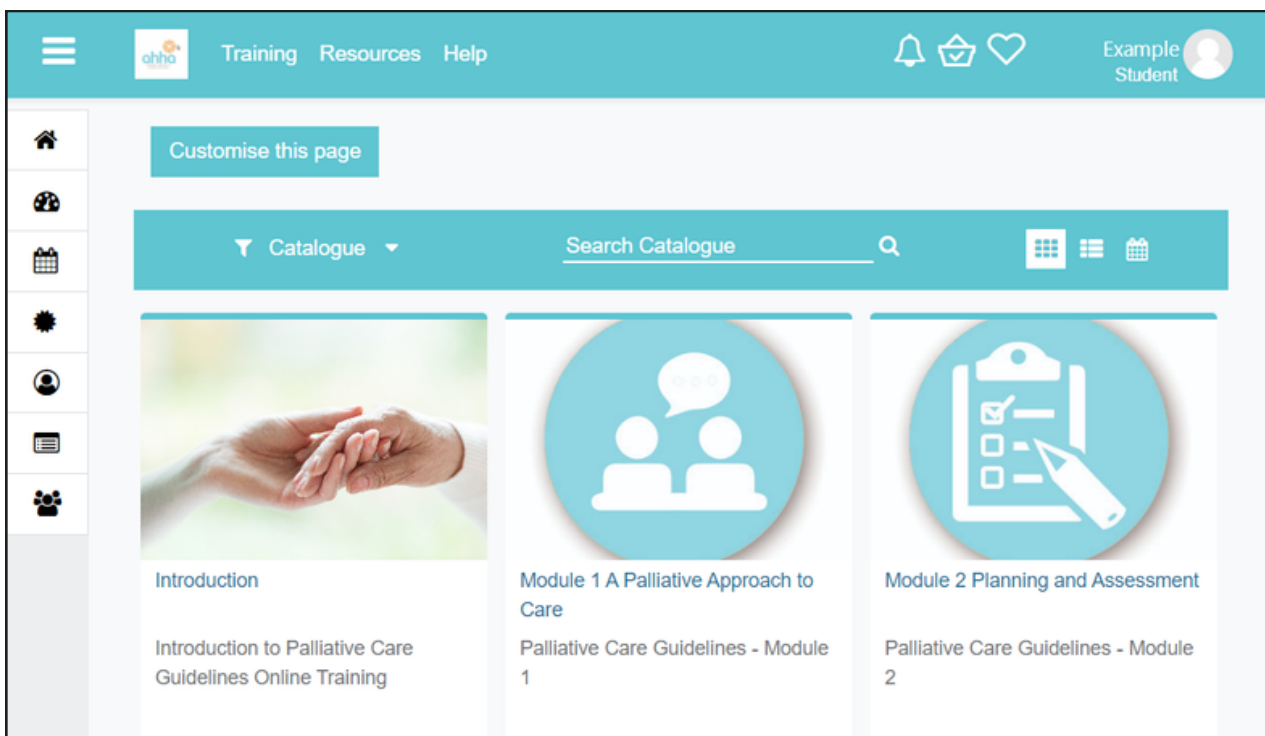
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## ABOUT THE PORTAL

Developed by the Australian Healthcare and Hospitals Association (AHHA), the Palliative Care Online Training Portal offers free, interactive training for carers, community and aged care workers, students, volunteers, family members and clinicians to build their skills in caring for someone with a life-limiting illness.

The Portal is funded by the Australian Government Department of Health as part of the National Palliative Care Projects initiatives, with over 71,000 people having registered for a training account to date.



The Portal recently migrated to a new learning management system (LMS), which delivers a stable, streamlined experience for users across a broad range of devices and operating systems (refer to example image above).

Users can login to the Portal to complete the training at any time, with no time-limits on completion. At the end of each module, users are presented with a certificate of completion which summarises their learning outcomes.

## MODULE BREAKDOWN

The portal currently consists of seven training modules and a resource library, covering topics such as:

- The needs of patients and their families.
- Self-care and building resilience.
- Advance care planning and end-of-life conversations.
- Assessment skills and providing care.
- Recognising deteriorating patients and pain management.

Each module is equivalent to approximately two hours of professional development. A further module, *Caring for diverse populations*, is currently in development and will be made available to all registered users.

Module	Description
1. A Palliative approach to care	Introduces the palliative approach to care, including advance care planning, advance care directives, and the role of multidisciplinary team members.
2. Planning and assessment	Describes how to plan and implement a palliative approach to care, assess palliative care needs and manage a range of common issues that may be encountered.
3. Providing care to clients and carers	Outlines how health professionals and care workers can support the palliative care client, as well as their informal carers and families.

Module	Description
4. Delivering a palliative approach to care in the community	Describes how the multidisciplinary team can implement a palliative approach to care in the community setting.
5. Pain management	Describes a holistic approach to the assessment and management of pain that acknowledges the physical, mental, psychosocial, and spiritual dimensions of pain, and places a strong emphasis on improving client comfort and care, across a range of diseases and medical conditions.
6. Recognising deteriorating clients	Discusses how to recognise, assess and manage the final stages of life. It acknowledges the physical, mental, psychosocial, and spiritual dimensions of deterioration and dying, across a range of diseases and medical conditions.
7. Practising self-care	This module is separated into two module streams, <i>Practising self-care: a guide for health professionals</i> , and <i>Practising self-care: a guide for carers and families</i> . Each of the modules has been designed to support users to take care of their health and wellbeing whilst caring for a person with a life limiting illness.
8. Caring for diverse populations  (Coming soon)	This module explores the unique barriers to access palliative care for <u>diverse population groups</u> in Australia. Strategies to overcome barriers are discussed and resources are provided to support health professionals and carers working with diverse clients.

# ENROLMENT AND MONITORING

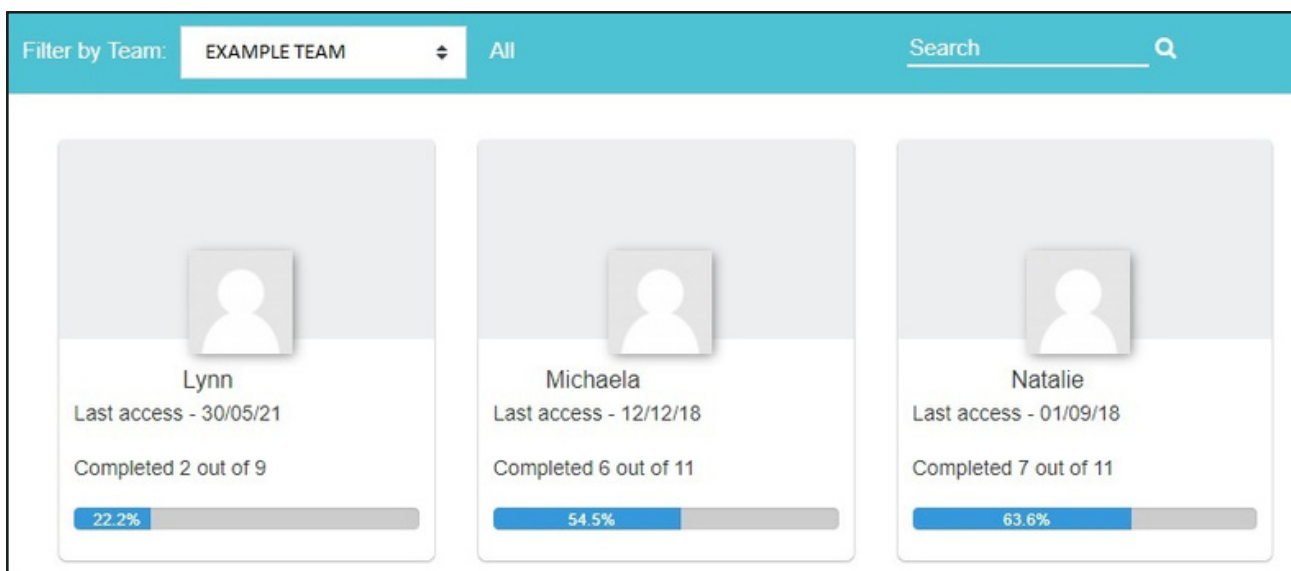
## Individuals

The training modules can be accessed by creating a free training account at <https://www.pallcaretraining.com.au/>. This process takes less than five minutes, and a step-by-step user guide (<https://ahha.asn.au/pallcareonline>) is available to support new registrants to access the modules.

## Organisations

To streamline the registration process, AHHA supports organisations to bulk-enrol their staff in the training program. Throughout this process, AHHA will set up staff members with a unique training account and provide each person with a step-by-step guide to access the Portal.

Additionally, AHHA is able to provide organisations with the capacity to easily monitor their team's progression through the Portal dashboard (refer to example image below).



To find out more, please contact [training@ahha.asn.au](mailto:training@ahha.asn.au) or call our office on 02 6162 0780.



AHHA acknowledge the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. AHHA also pays our respect to their Elders past, present, and emerging as the custodians of knowledge and lore