

# LET'S TALK ABOUT...

TALK ABOUT is a way for Darling Downs and West Moreton PHN to ask you about your experience with healthcare in your community.

From 31 October until 12 December 2023 we want to TALK ABOUT the healthcare support our community needs during and after natural disasters in our region.

Let's TALK ABOUT....

What do you think about...

Share your experience..

Did you know...

## **NATURAL AND OTHER DISASTERS**

Our region is regularly impacted by natural disasters. This survey includes questions about your experiences during a natural disaster.

If these questions have raised feelings or concerns please contact:

Lifeline - 13 11 14

MensLine Australia - 1300 789 978

Suicide Call Back Service - 1300 659 467

Beyond Blue - 1300 22 46 36

**Headspace** - 1800 650 890 **QLife** - 1800 184 527 **13YARN** - 13 92 76

CLICK HERE TO COMPLETE OUR SHORT SURVEY

ddwmphn.com.au/talk-about





All consultation findings from our

online survey and Kitchen Table

Discussions will be distributed

inform future Primary Health

service delivery of programs

Needs Assessment.

and provide important updated information for our region's Health

to external key stakeholders and

Network decision making, targeted

# **WHAT WE HEARD**

TALK ABOUT is a way for Darling Downs and West Moreton PHN to ask you about your experience with health care in your community.

From 31 October until 12 December 2023 you the healthcare support our community needs during and after **natural disasters** in our region.

### We received responses from...



carers and community members



health professionals

### This is WHAT WE HEARD...

Overall, you rate your confidence in looking after your health and others during a time of disaster with a score of **6 out of 10**.

# What you thought worked well



#### You mentioned...

- there are many trusted sources of information you rely on, including Local Council, Government, Primary Health Networks, local healthcare providers, as well as news and social media
- public awareness campaigns and government initiatives reach your community during a disaster.
- there is assistance to access healthcare services, particularly general practice and pharmacy, such as via telehealth or after hours consultations.
- some people with a disability or a chronic health condition had plans in place, such as to maintain access to medication and equipment.

#### You value services for how they...

- worked together, with other healthcare and community organisations.
- provided a range of care, such as support for general health, mental health, and for a disability.

# What you thought could be done better



### You would like to see...

- more awareness and education about how you can best prepare for a disaster.
- resources that are culturally-safe and suit your needs.
- more services becoming available during an event and for a period of time after.

#### You also suggested...

- building health literacy and digital literacy, to help you make the most of digital health and other services when access to your regular place of care is restricted.
- the importance of check-ins across the community, in case your health needs change during a disaster.



Thank you to everyone who contributed to our survey! We look forward to hearing from you on our future topics.

